American Thyroid Association Spring Symposium:
Thyroid Disease in Older Adults: Diagnosis, Management, and Clinical Impact
Endorsed by the American Society of Geriatrics
Friday, May 18, 2007
Hamilton Crowne Plaza, 14th and K Streets, NW, Washington, DC

8:00 – 8:10 am
Welcome and Introduction
David S. Cooper, MD
Sinai Hospital of Baltimore and The Johns Hopkins University School of Medicine
President, The American Thyroid Association
Jerome M. Hershman, MD
UCLA School of Medicine
Program Co-Chairperson

8:10 – 8:40 am
Potential Joint Influences of Frailty, Comorbidities, and Thyroid Disease on Outcomes in the Geriatric Patient
Linda P. Fried, MD, MPH, The Johns Hopkins University School of Medicine
Program Co-chairperson

8:40 – 9:10 am
Alterations in the Regulation of Thyroid Function and Action with Aging
P. Reed Larsen, MD, Harvard Medical School

9:10 – 9:30 am
Epidemiology of Thyroid Disease in the Elderly
Douglas C. Bauer, MD, University of California at San Francisco School of Medicine

9:30 – 9:50 am
Forum: Questions and answers
Moderator: Jerome M. Hershman
Panel: Linda P. Fried, P. Reed Larsen, Douglas C. Bauer

9:50 – 10:10 am
Refreshment break

10:10 – 10:40 am
Alteration of Immune Function and its Effect on Autoimmune Thyroid Disease in the Elderly
Terry F. Davies, MD, Mount Sinai School of Medicine

10:40-11:10 am
Hyperthyroidism and Subclinical Hyperthyroidism in the Elderly:
Frequency, clinical manifestations, diagnosis, therapy
Douglas Ross, MD, Harvard Medical School

11:10-12:00 noon
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Noon – 12:30 pm
Luncheon Break

12:30 – 1:30 pm
Luncheon Keynote Speaker
Christine K. Cassel, MD
President and Chief Executive Officer, American Board of Internal Medicine Foundation

1:30 – 2:00 pm
Impact of Subclinical Thyroid Dysfunction on the Cardiovascular System
Anne Cappola, MD, ScM, University of Pennsylvania School of Medicine

2:00 – 2:30 pm
Impact of Thyroid Dysfunction on Brain Function in the Elderly
John E. Morley, MD, Saint Louis University Medical Center

2:30 – 2:50 pm
Screening for thyroid dysfunction
Paul W. Ladenson, MD, The Johns Hopkins University School of Medicine

2:50 – 3:30 pm
Panel discussion: Management of Thyroid Dysfunction
Moderator: Leonard Wartofsky
Panel: Terry F. Davies, Douglas Ross, David S. Cooper, Anne Cappola, John Morley, Paul W. Ladenson

3:30 – 3:50 pm
Refreshment break

3:50 – 4:20 pm
Managing the Epidemic of Incidental Thyroid Nodules in the Elderly
Erik K. Alexander, MD, Harvard Medical School

4:20 – 4:50 pm
Differentiated Thyroid Cancer in the Elderly
Frequency, clinical manifestations, diagnosis, therapy
Leonard Wartofsky, MD, MPH, Georgetown University School of Medicine

4:50 – 5:10 pm
Panel discussion with case presentations
Moderator: Paul W. Ladenson
Panel: Erik K. Alexander, Leonard Wartofsky

5:10 – 5:30 pm
Summary of Conference with emphasis on areas for further research
Jerome M. Hershman, Linda P. Fried

5:30 pm Conference ends