

Central control of metabolism by thyroid hormone

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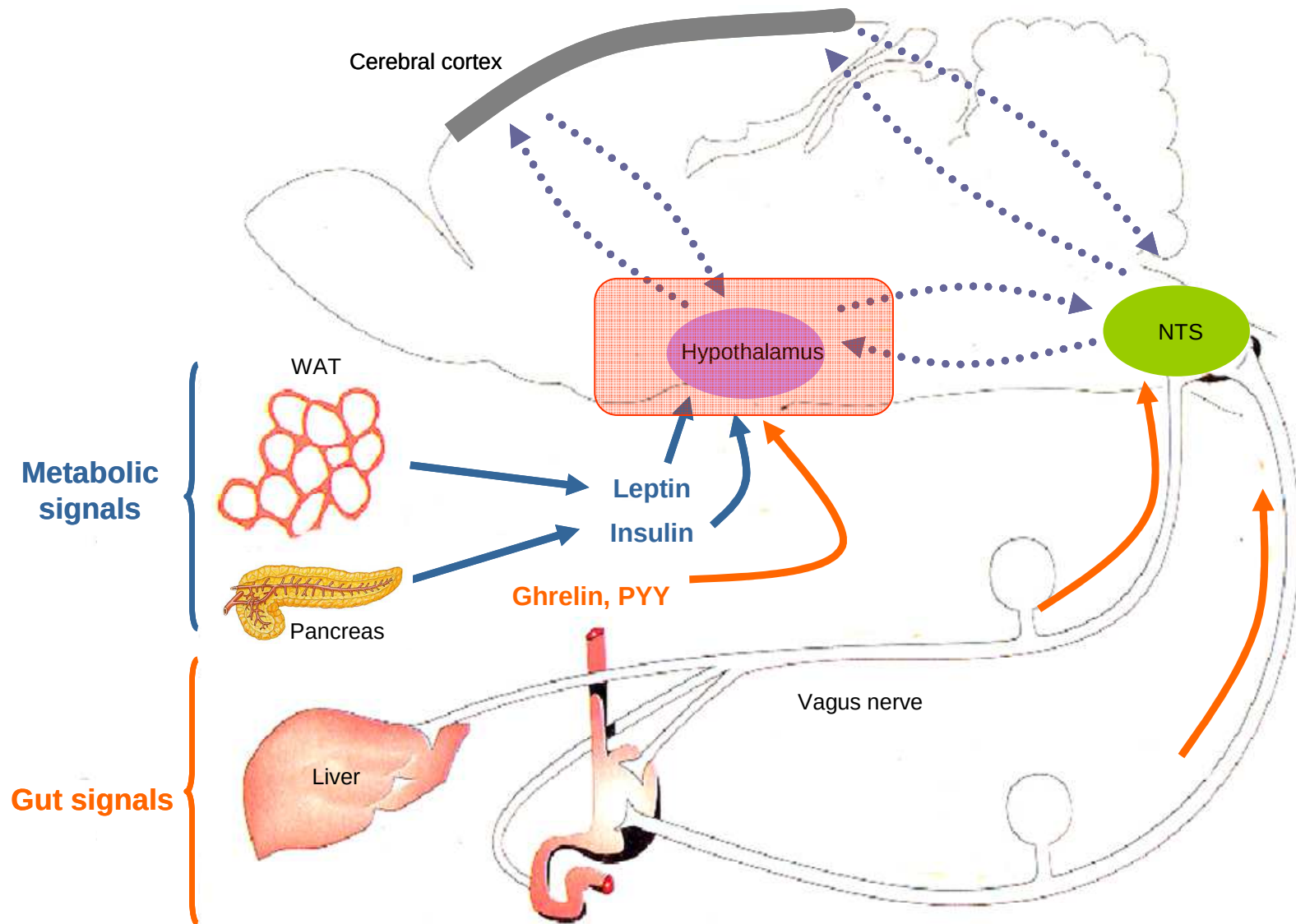
Disclosure

Nothing to disclose

Learning objectives

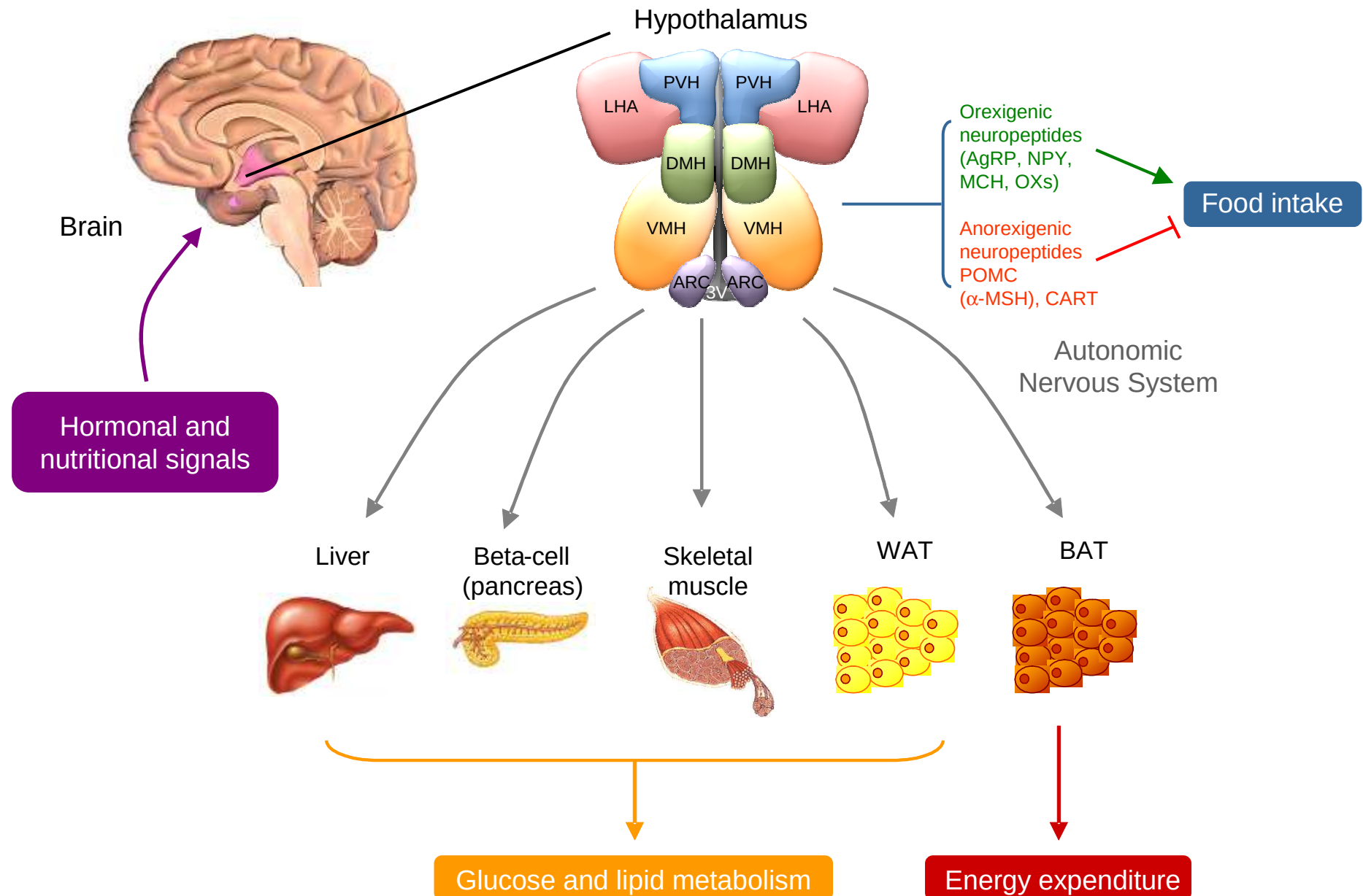
1. Thyroid hormones regulate **energy balance and metabolism** by acting at central level
2. Thyroid hormones modulate the **autonomous nervous system**
3. Thyroid hormones modulate hypothalamic energy sensors to regulate **feeding**
4. Thyroid hormones modulate hypothalamic energy sensors to regulate **thermogenesis in BAT**
5. Thyroid hormones act on the hypothalamus to regulate hepatic **glucose metabolism**
6. Thyroid hormones act on the hypothalamus to regulate **cardiac function**

Central regulation of energy balance



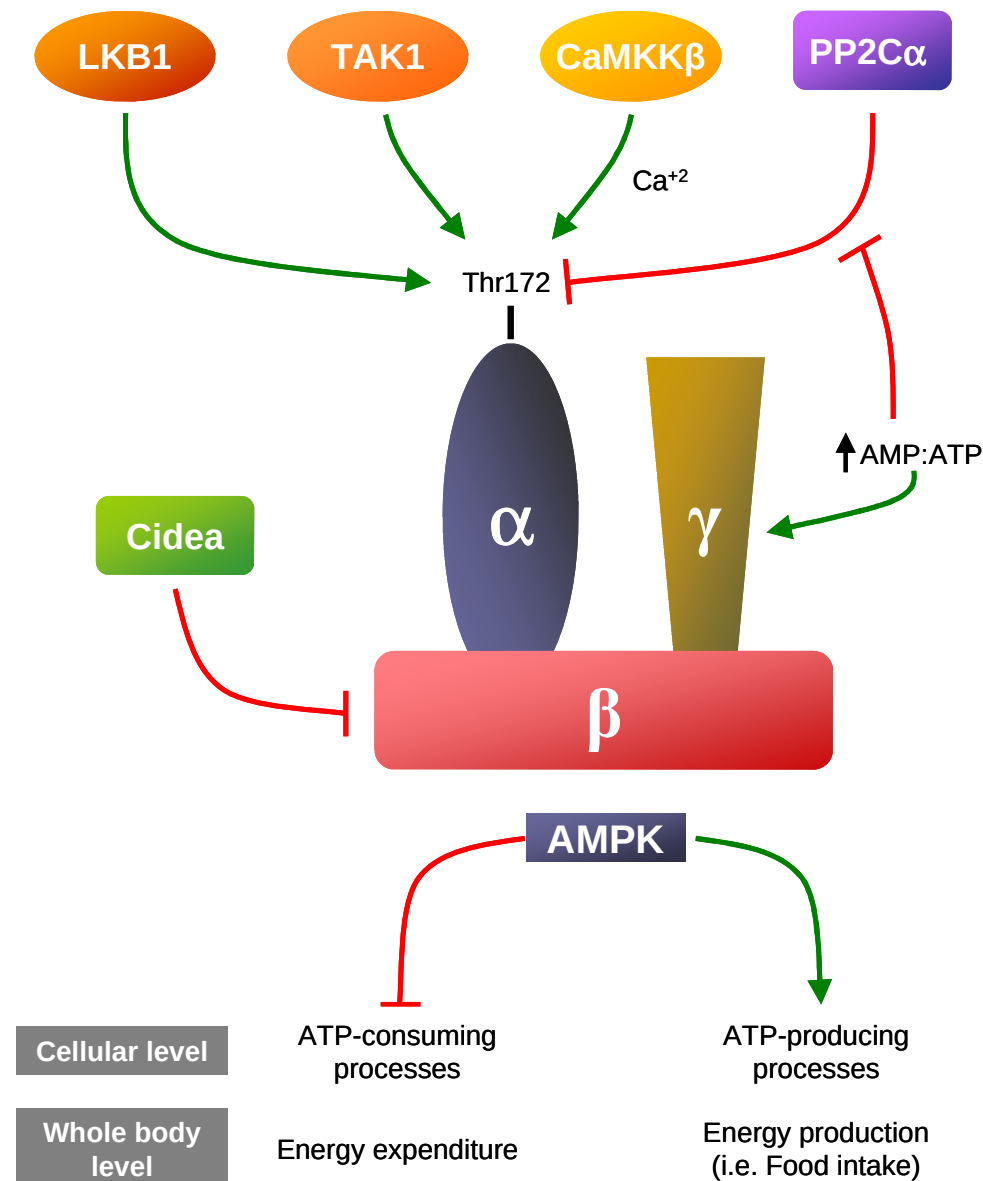
Modified from Schwartz M *et al* (2000). Nature 404:661-671

Hypothalamic regulation of energy balance and metabolism



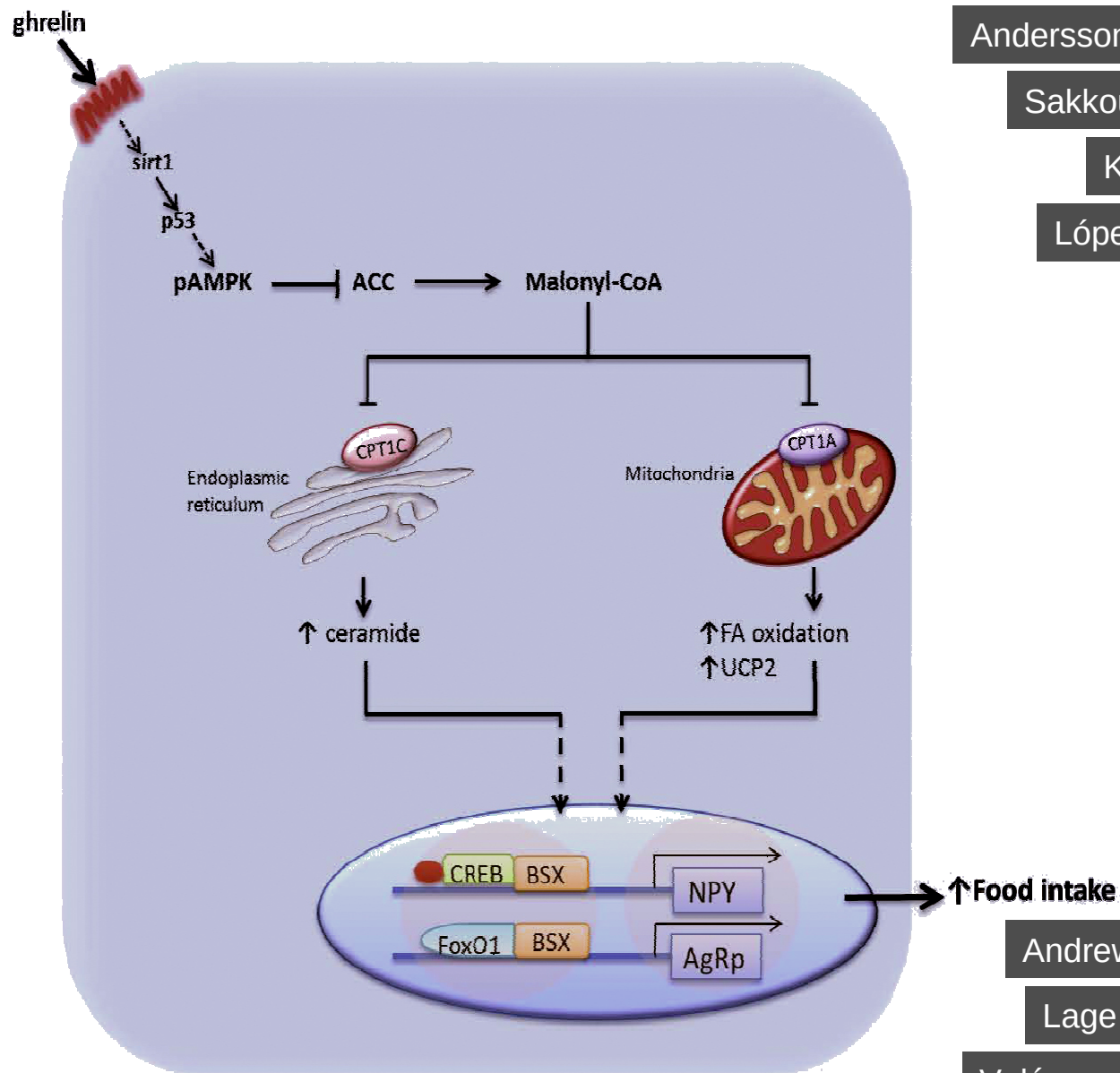
López *et al* (2013). TMM 19: 418-427

Hypothalamic AMPK: a whole body metabolic gauge



Lage R *et al* (2008) TMM 14:539-549

Hypothalamic AMPK modulates food intake



Andersson M *et al* (2004) JBC 279:12005-12008

Sakkou M *et al* (2007) Cell Metab 5, 450-463

Kola M *et al* (2008) PLoS ONE 3:e1797

López M *et al* (2008) Cell Metab 7:389-399

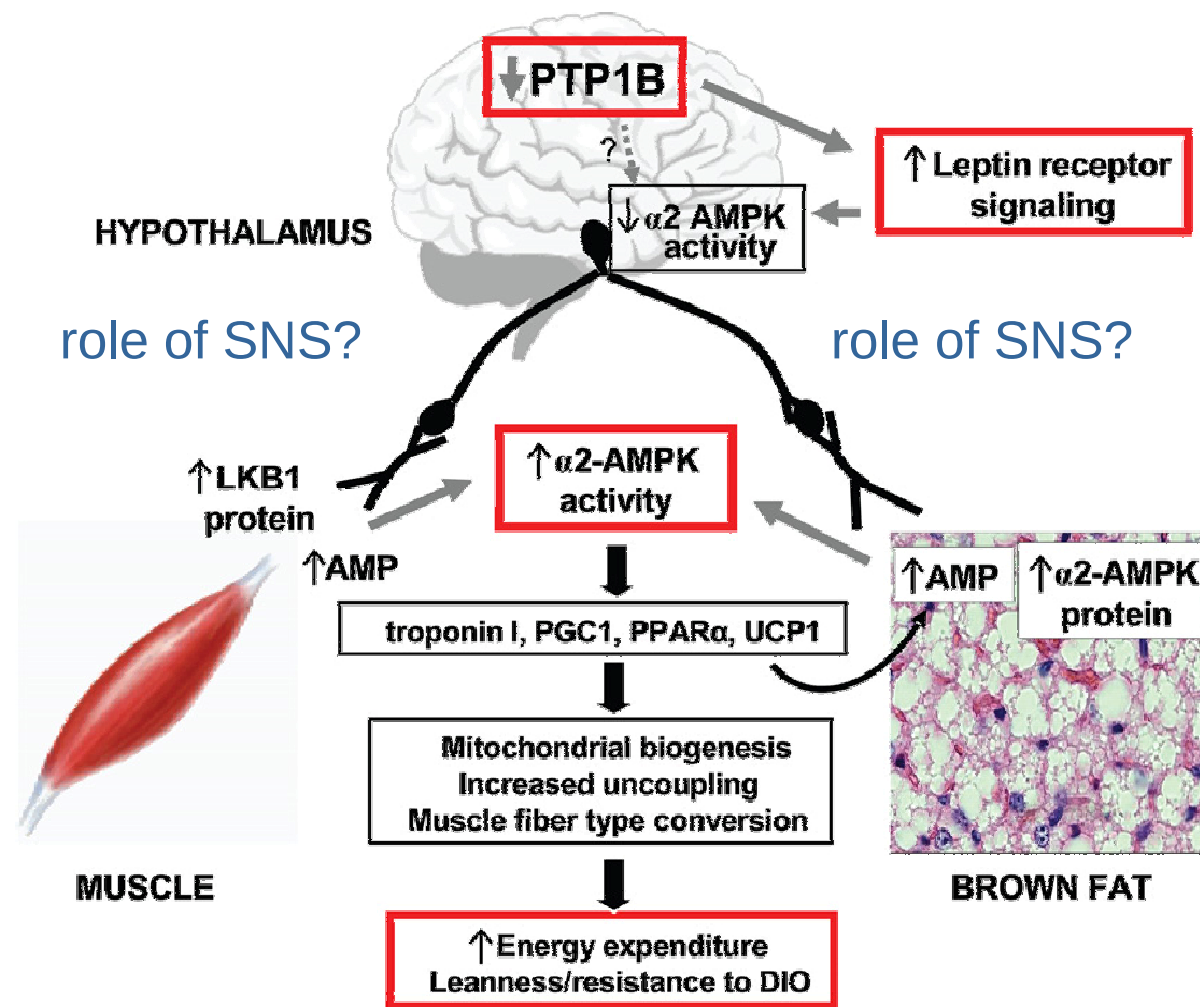
Andrews ZB *et al* (2008) Nature 454:846-851

Lage R *et al* (2010) FASEB J 24:2670-2679

Velásquez DA *et al* (2011) Diabetes 60:1177-85

Ramírez S *et al* (2013) Diabetes (in press)

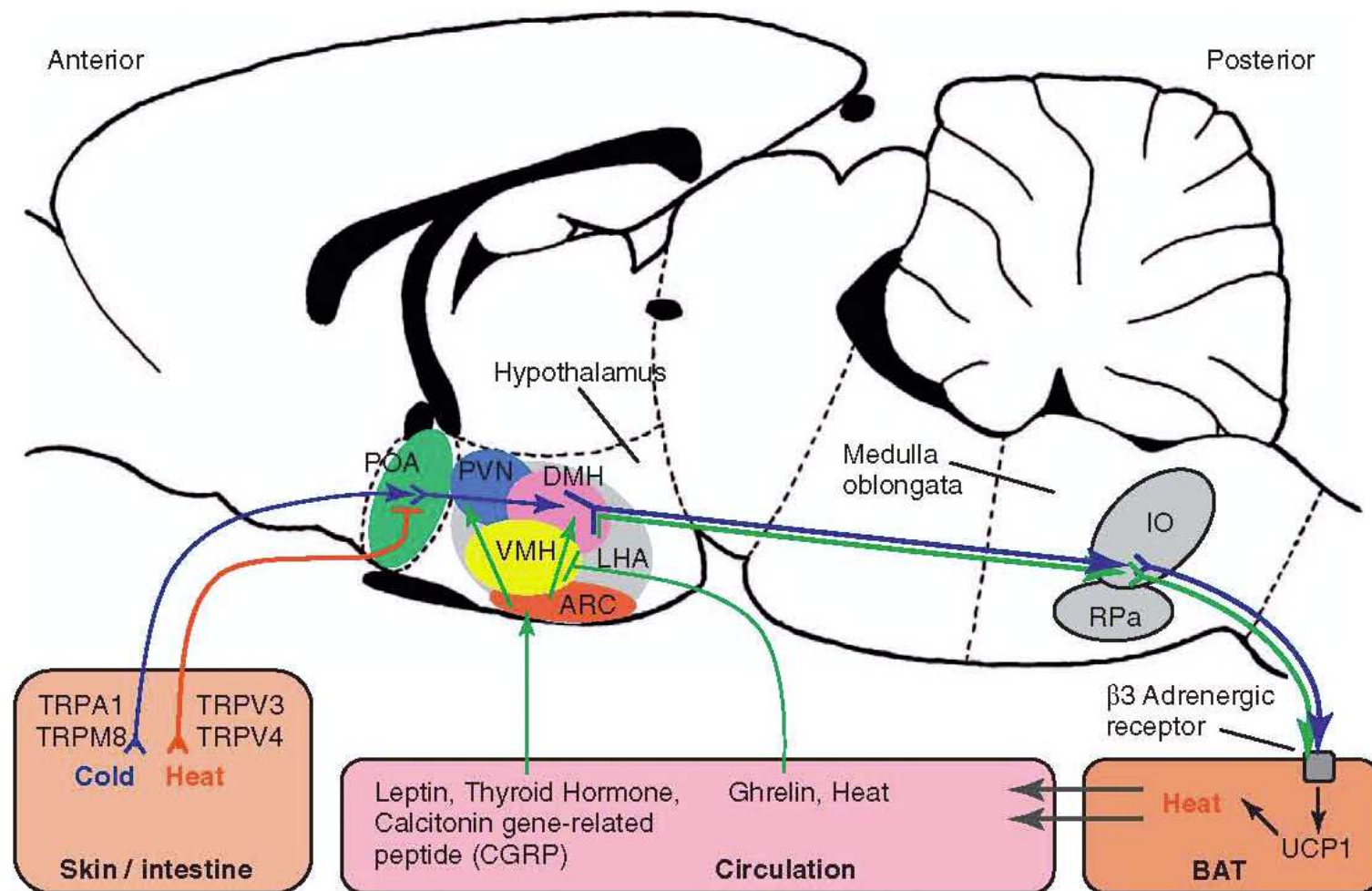
Hypothalamic AMPK modulates BAT thermogenesis



❖ PT1B1: Protein tyrosine phosphatase 1B
(attenuates leptin signaling by dephosphorylating JAK2)

Xue B *et al* (2009). MCB 20:4563-4573

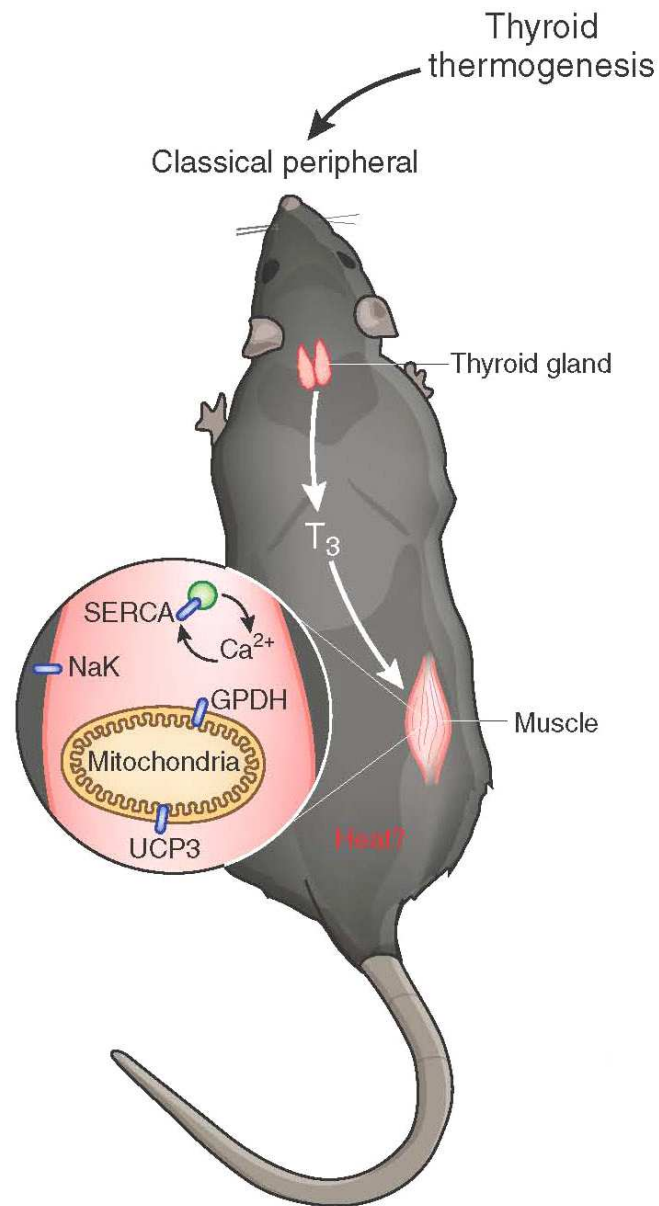
Central regulation of BAT thermogenesis



Whittle A *et al* (2012). TMM. 17:405-411

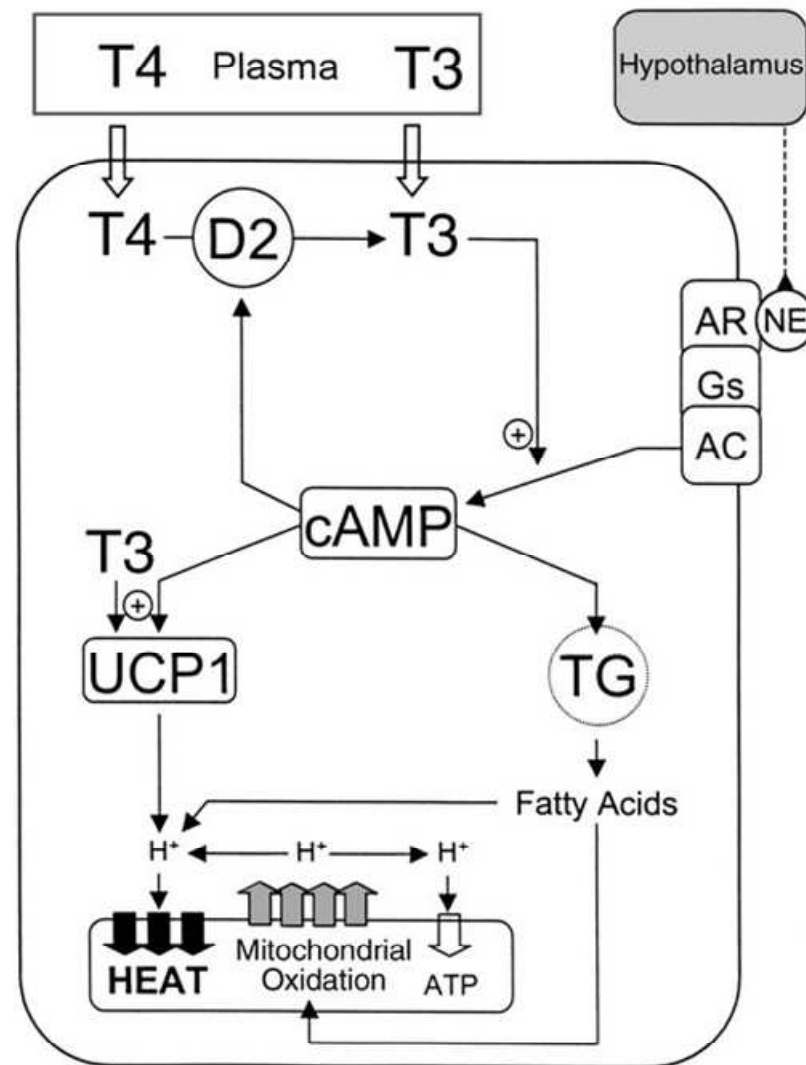
Central thyroid hormones and BAT thermogenesis

Classical peripheral view of thyroid thermogenesis



Cannon B & Nedergaard J (2010). Nat Med 16: 965-967

Thyroid hormones induce BAT thermogenesis



de Jesus LA *et al* (2001). JCI 108: 1379–1385

Central thyroid hormones and BAT thermogenesis

Could thyroid-induced thermogenesis be regulated
at central level?

The Interaction between Thyroid and Brown-Fat Thermogenesis

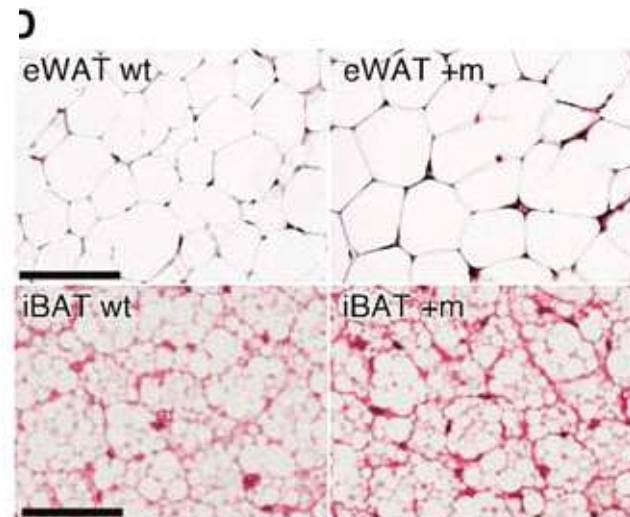
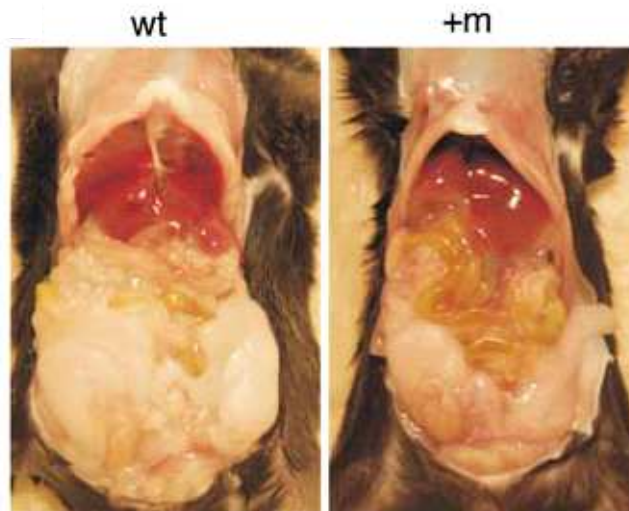
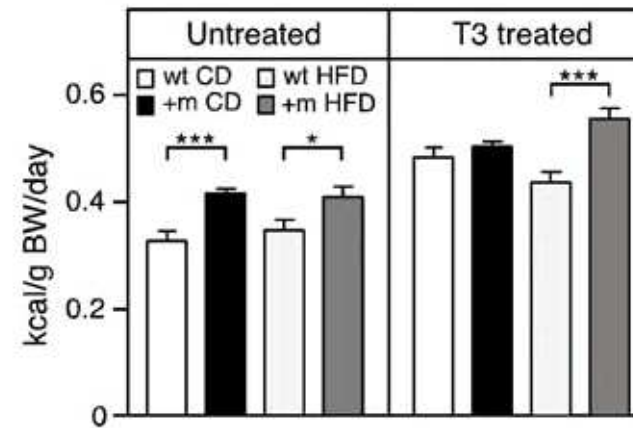
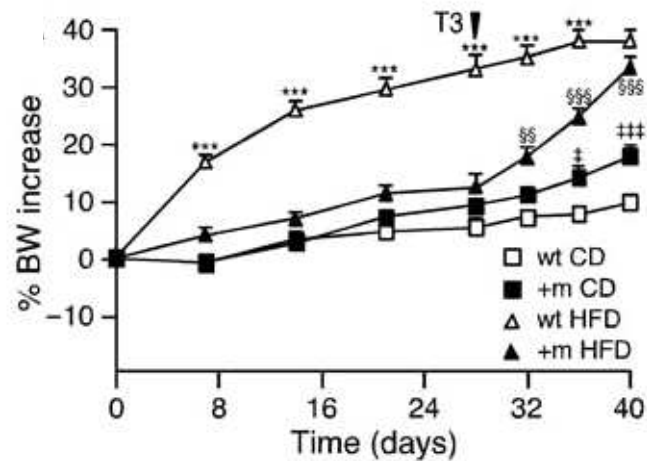
Central or Peripheral Effects?

JAN NEDERGAARD,^a ANDREA DICKER,
AND BARBARA CANNON

*The Wenner-Gren Institute
The Arrhenius Laboratories F3
Stockholm University
S-106 91 Stockholm, Sweden*

Nedergaard J *et al* (1997). *Ann N Y Acad Sci.* 15:712-7.

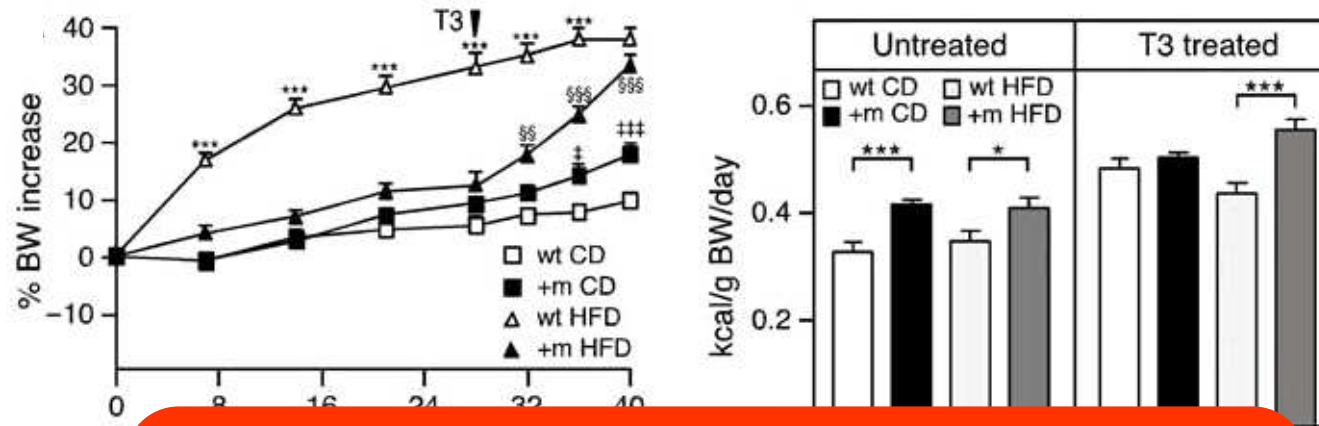
TR α 1 aporeceptor mice



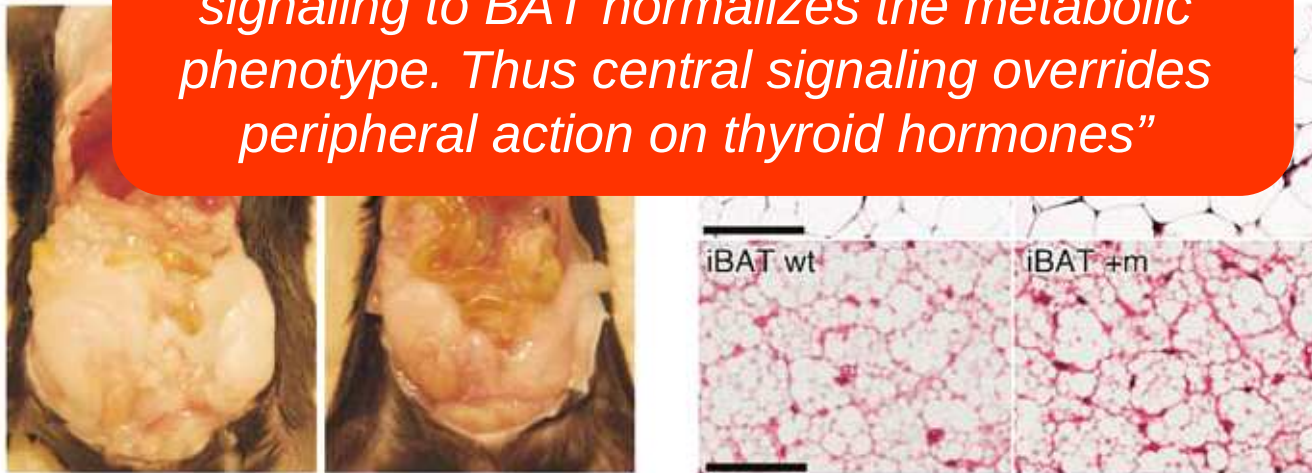
Sjögren *et al* (2007). EMBO J 26: 4535-4545

Warner *et al* (2013). PNAS 110: 16241-16246

TR α 1 aporeceptor mice



“Functional blockage (30 °C) of sympathetic signaling to BAT normalizes the metabolic phenotype. Thus central signaling overrides peripheral action on thyroid hormones”



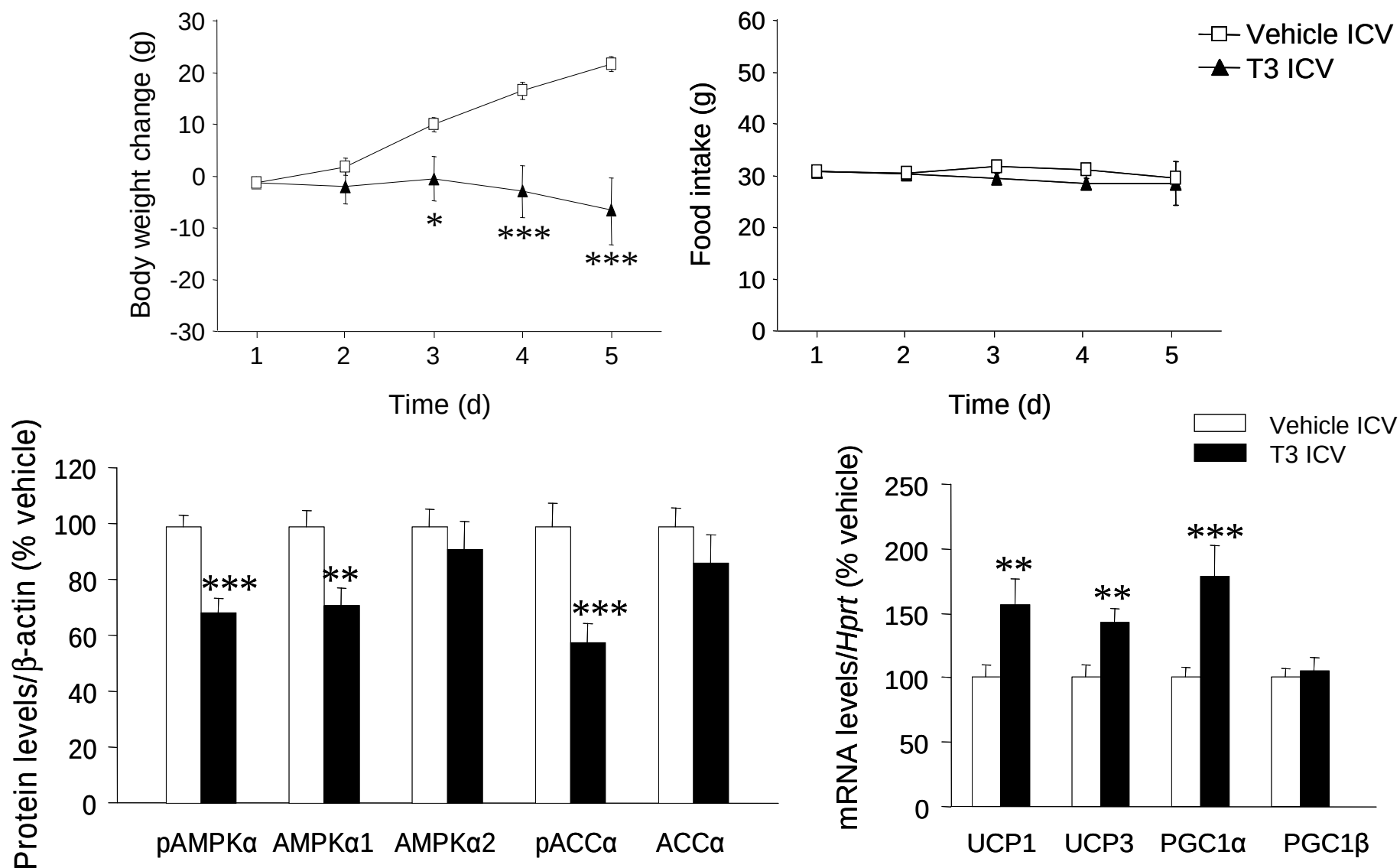
Sjögren *et al* (2007). EMBO J 26: 4535-4545

Warner *et al* (2013). PNAS 110: 16241–16246

Hypothalamic AMPK, thyroid hormones and BAT thermogenesis

Does hypothalamic AMPK mediate thyroid-induced thermogenesis in BAT?

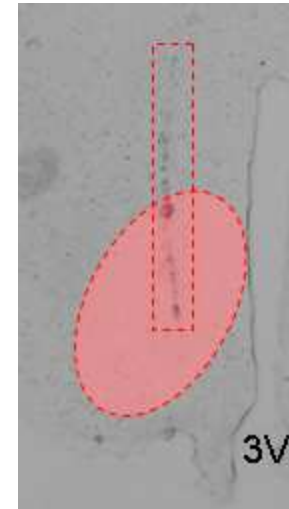
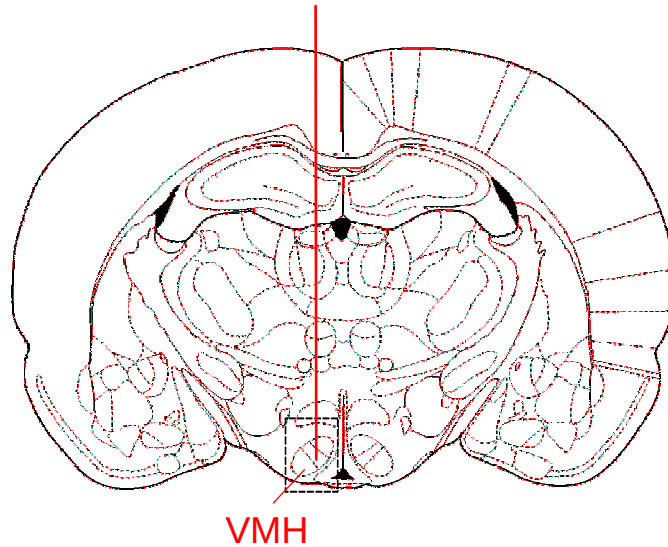
Central T3 inhibits hypothalamic AMPK and induces BAT thermogenesis



López M *et al* (2010). Nat Med 16: 1001-1008

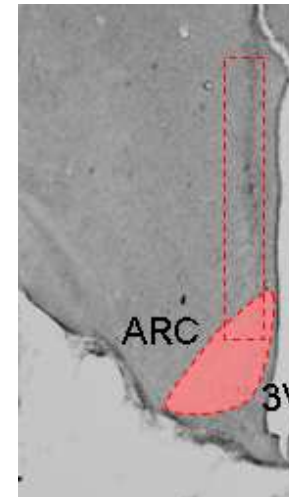
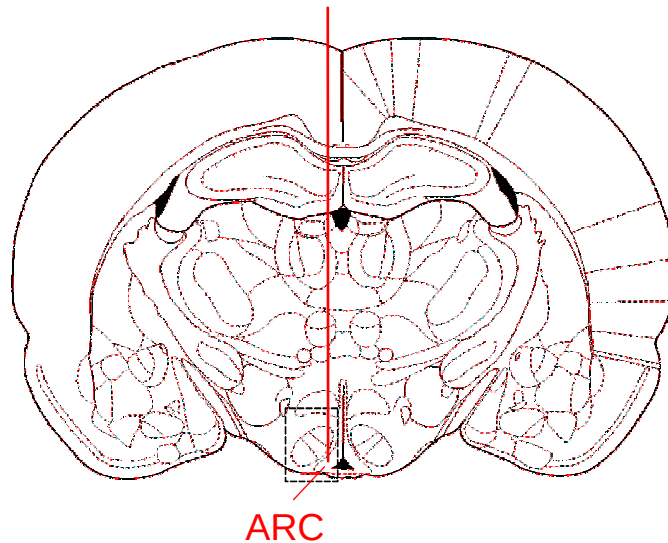
Stereotaxic administration in VMH and ARC

VMH



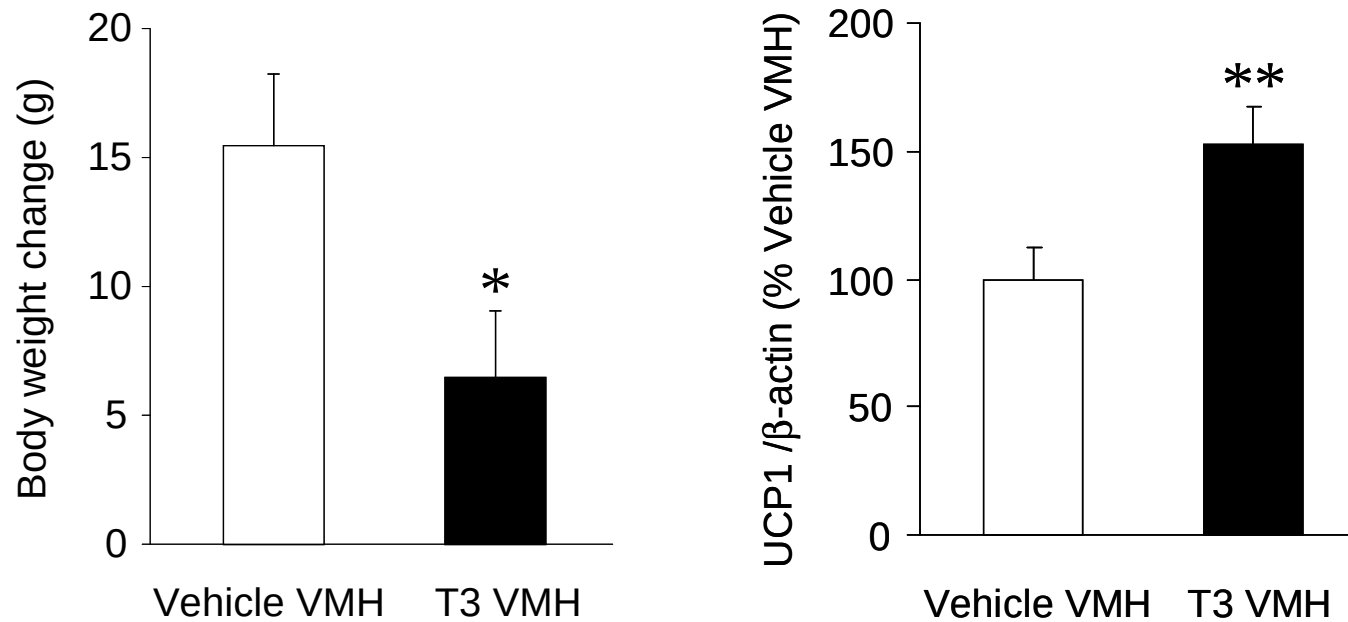
85-90%

ARC



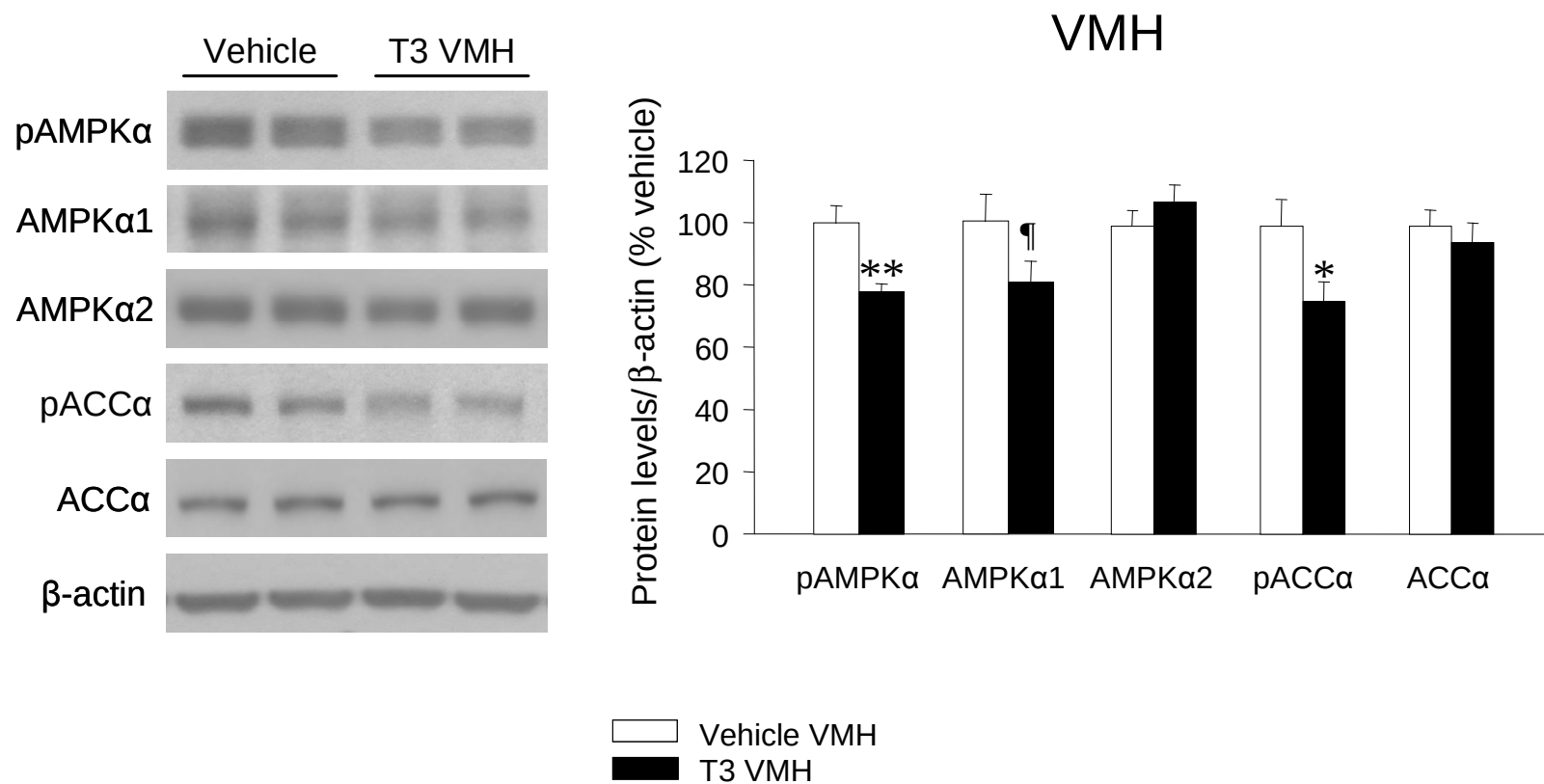
75-80%

T3 in the VMH induces BAT thermogenesis and weight loss



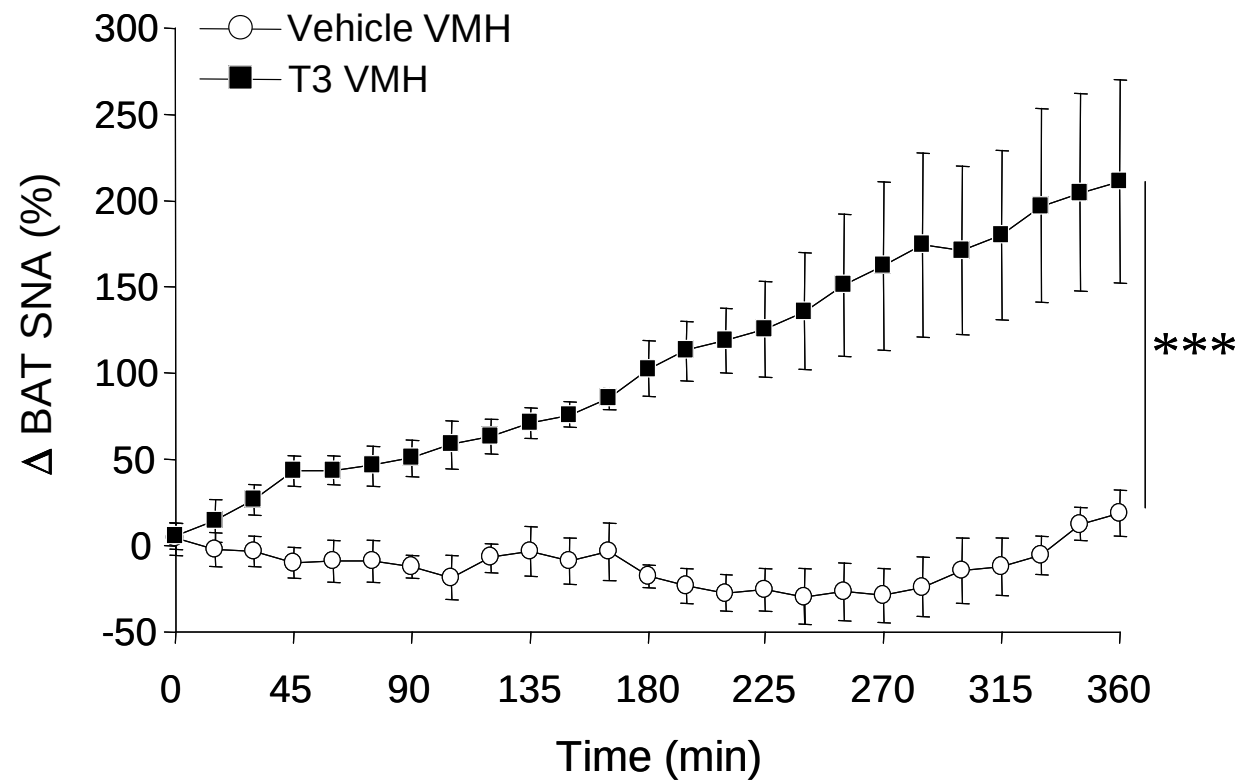
(no changes in the ARC were found)

T3 in the VMH inhibits AMPK signalling



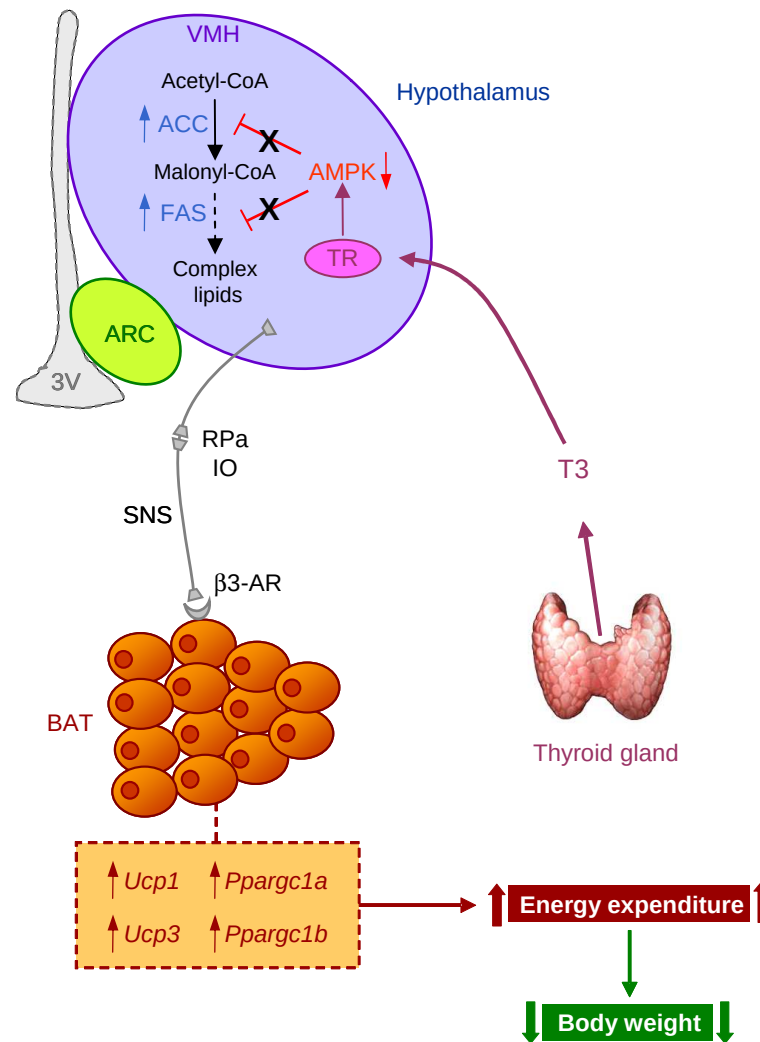
López M *et al* (2010). Nat Med 16: 1001-1008

T3 in the VMH activates SNS



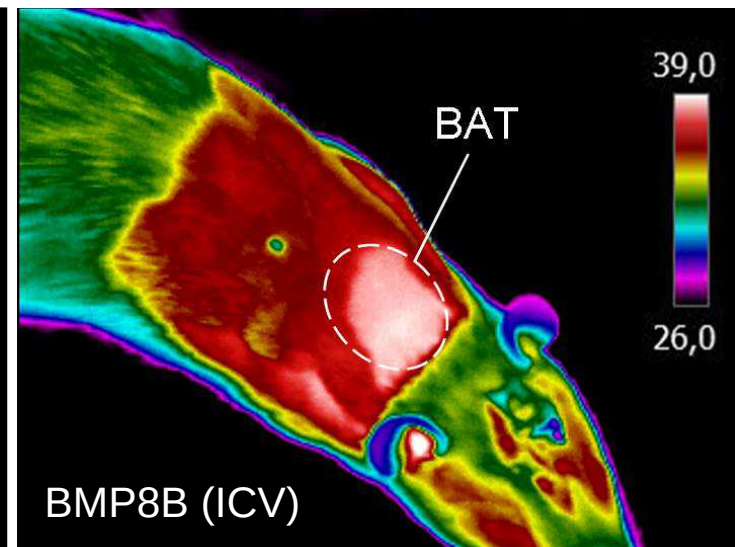
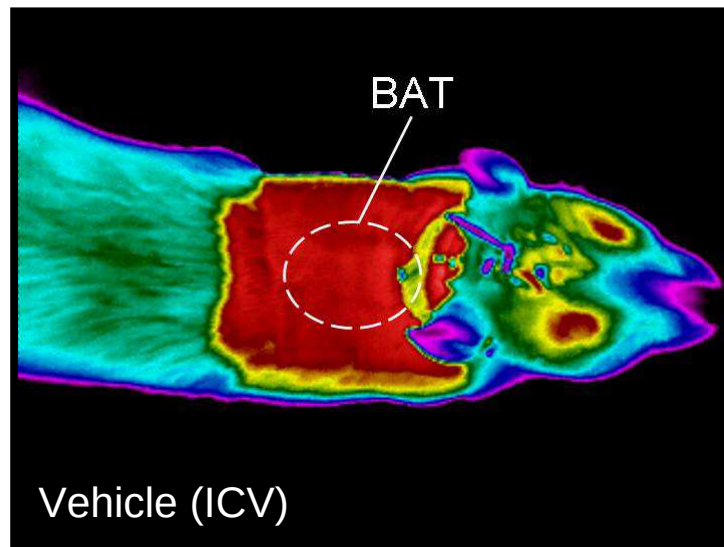
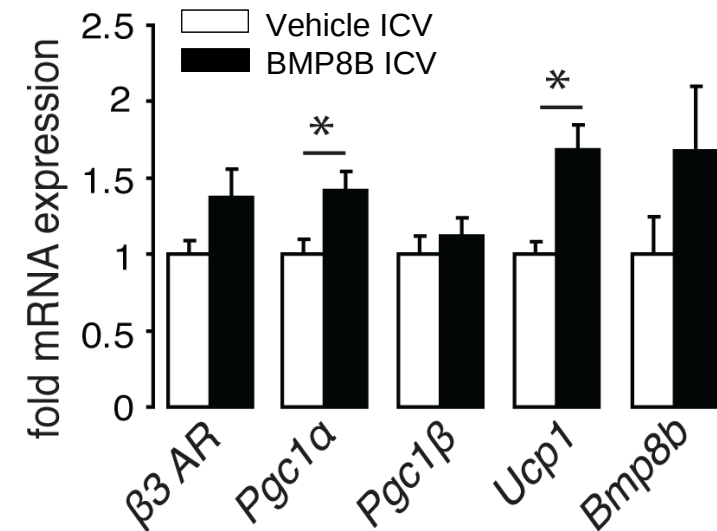
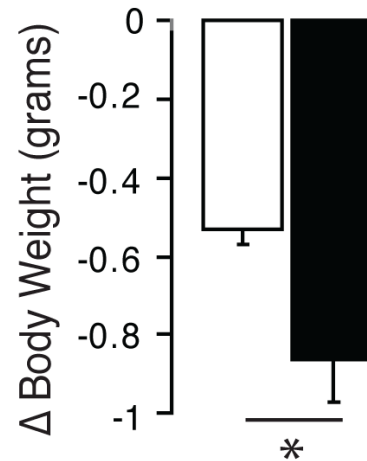
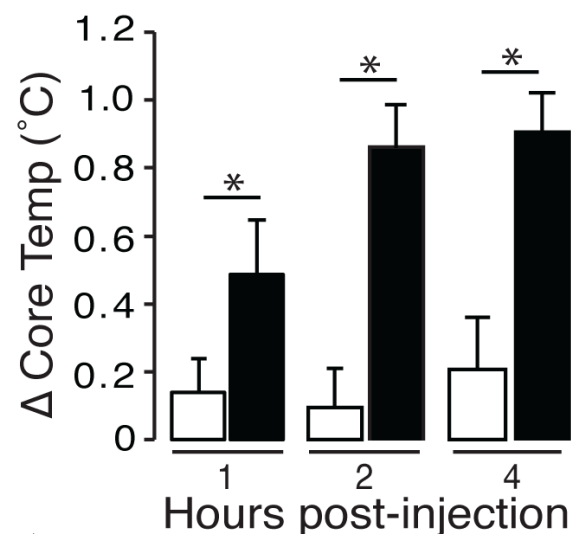
López M *et al* (2010). Nat Med 16: 1001-1008

New model of central T3 actions on energy balance



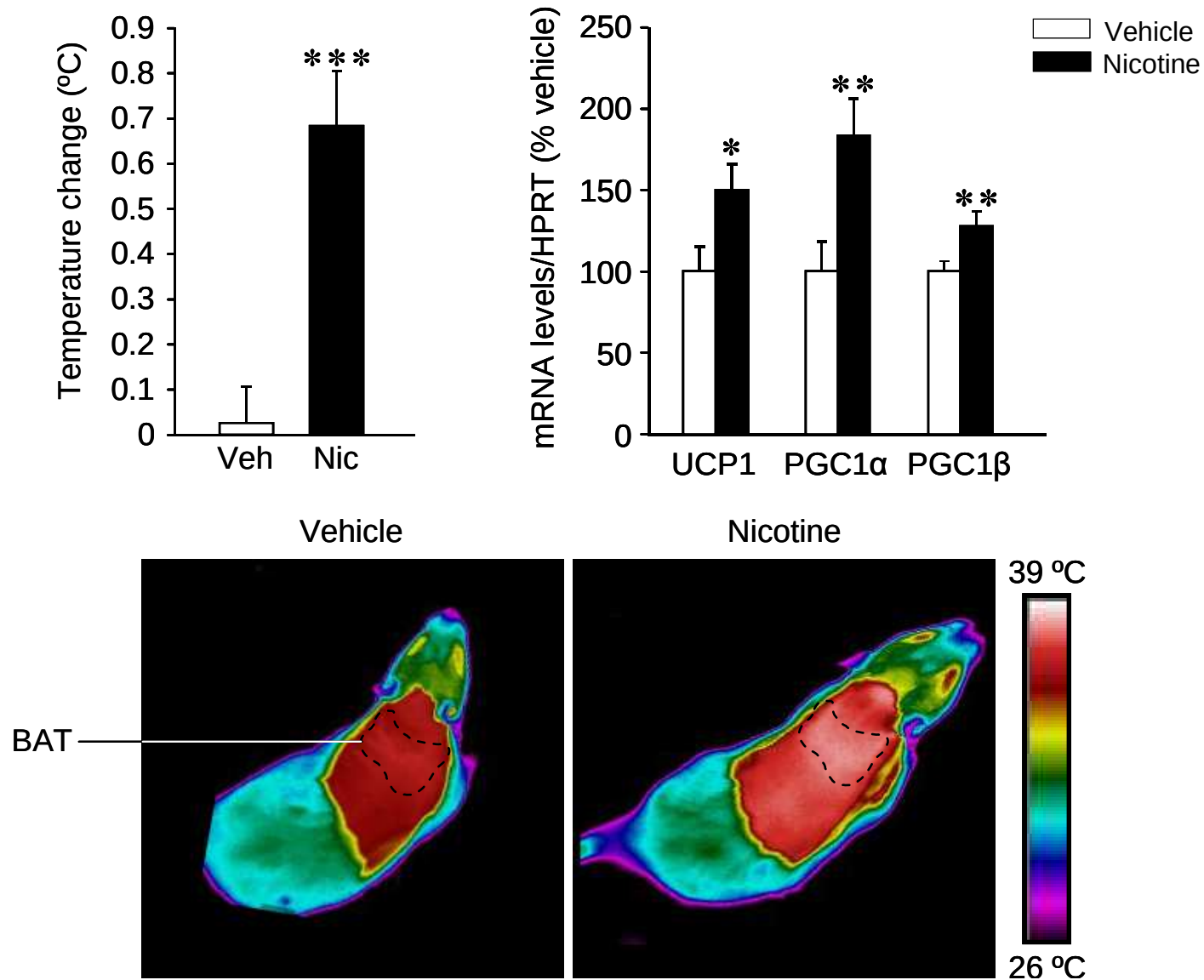
López M *et al* (2010). *Nat Med* 16: 1001-1008

BMP8B induces BAT thermogenesis through AMPK in the VMH



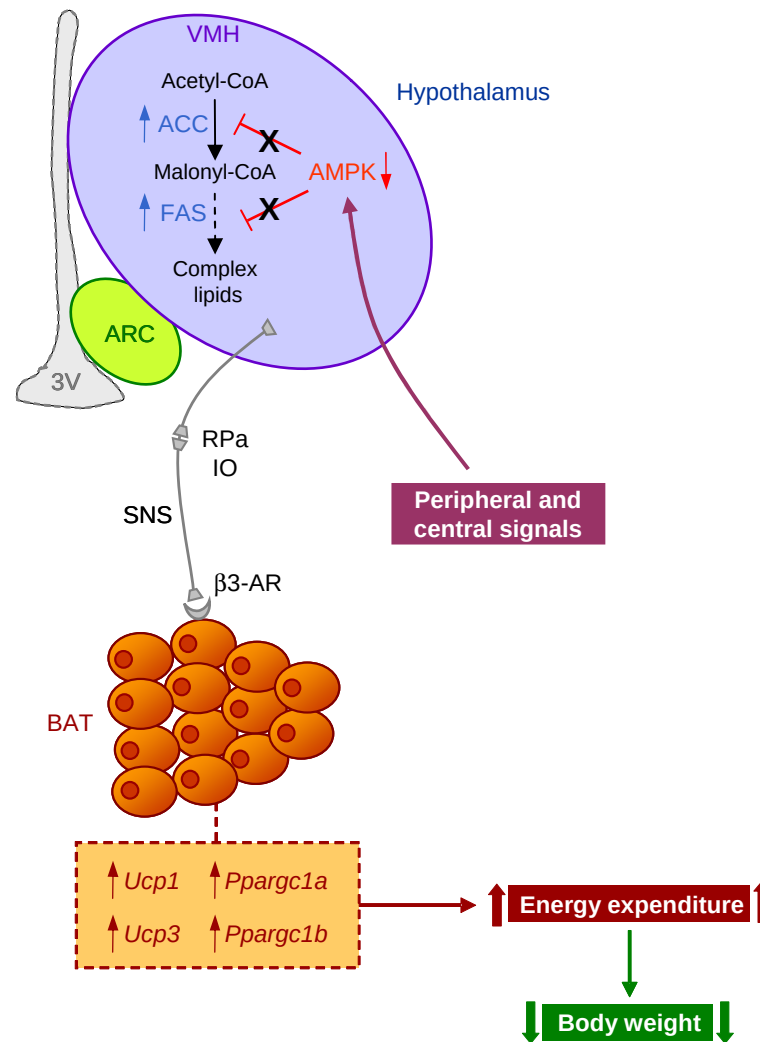
Whittle AJ *et al* (2012). Cell 149:871-885

Nicotine induces BAT thermogenesis through AMPK in the VMH



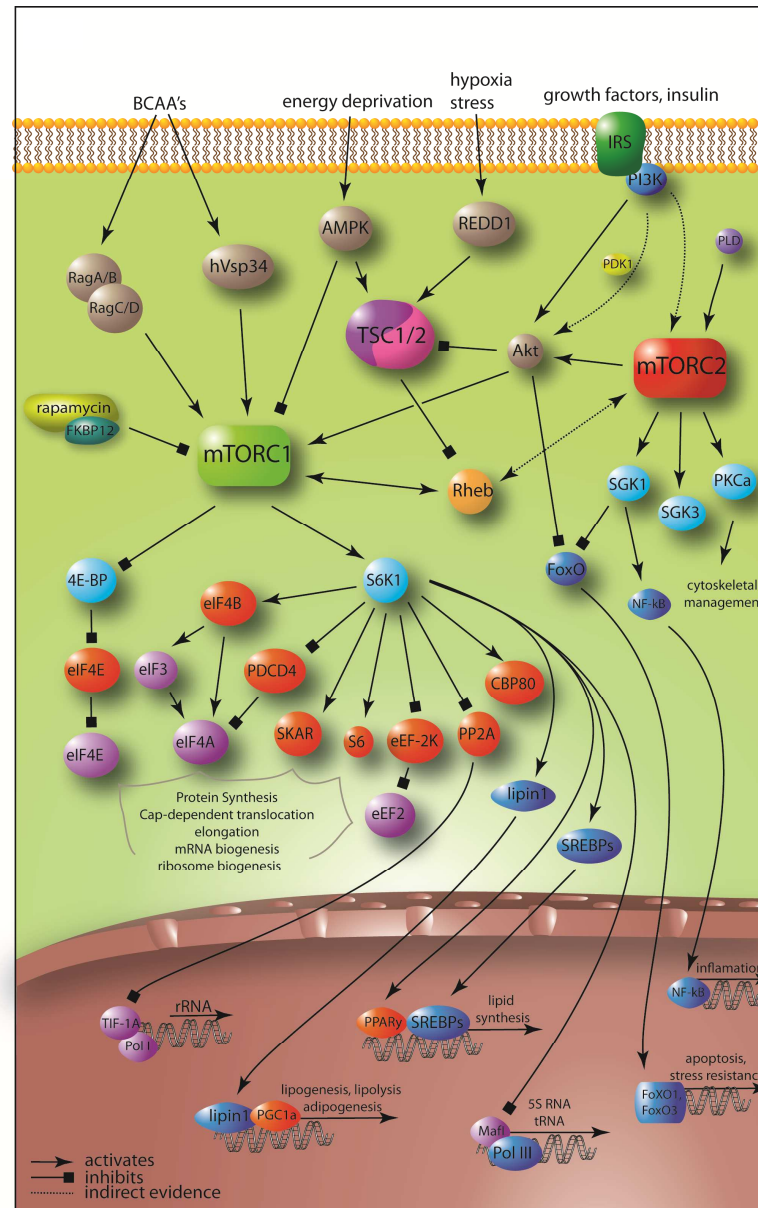
Martínez de Morentin PB *et al* (2012). Diabetes 61:807-817

The hypothalamic AMPK-BAT axis: a canonical mechanism



Central thyroid hormones and food intake

Hypothalamic mTOR: a whole body energy sensor



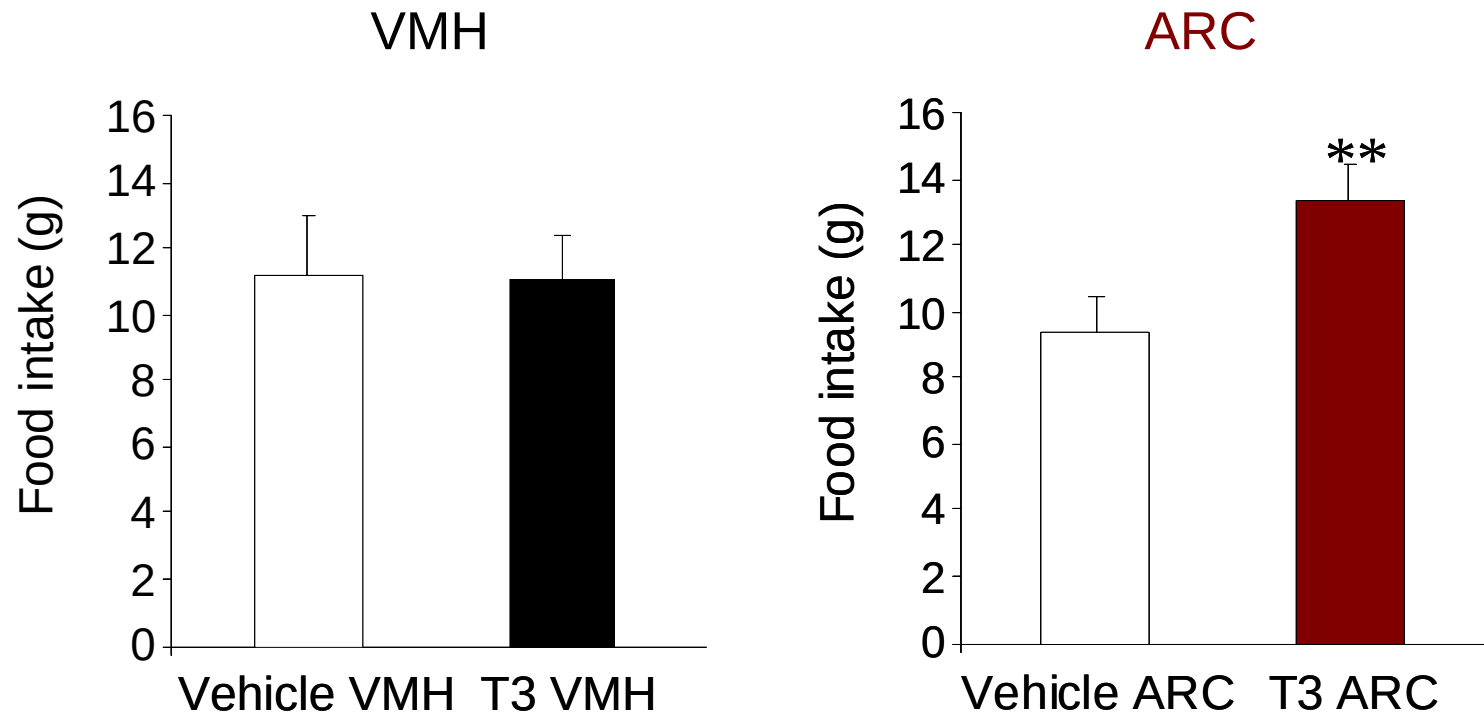
Cota D *et al* (2006). Science 312: 927-930

Varela L *et al* (2012). J Pathol 227:209-222

Woods *et al* (2008). Annu.Rev.Nutr. 28: 295-311

Martínez de Morentin PB *et al* (2013). Current Mol Med (in press)

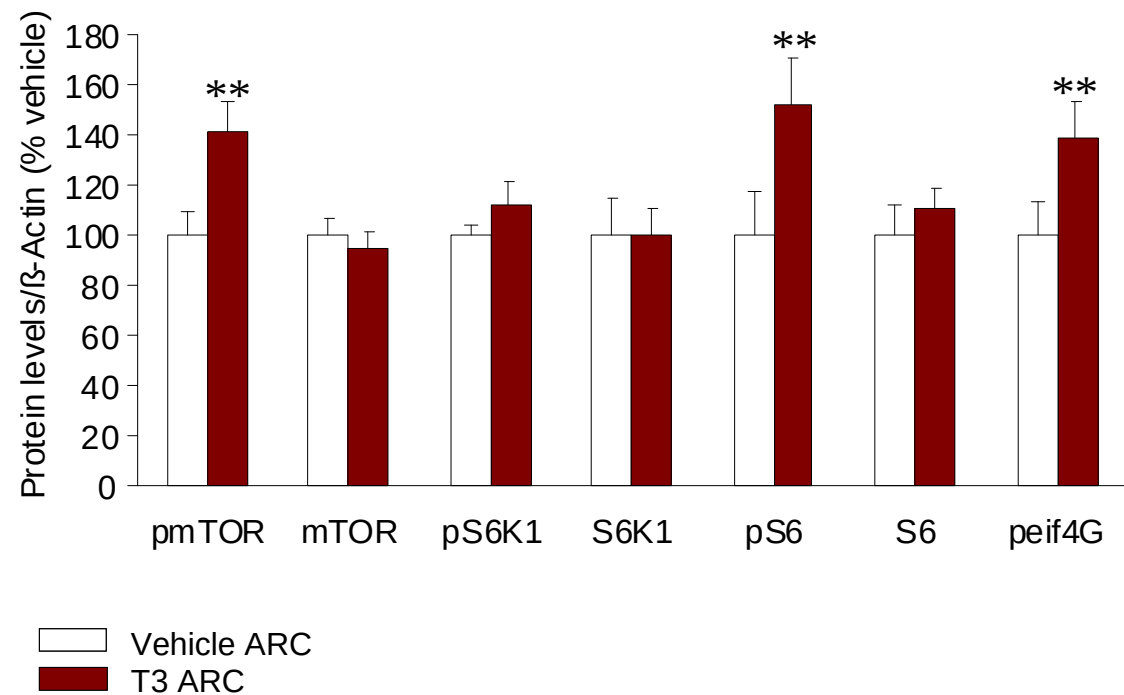
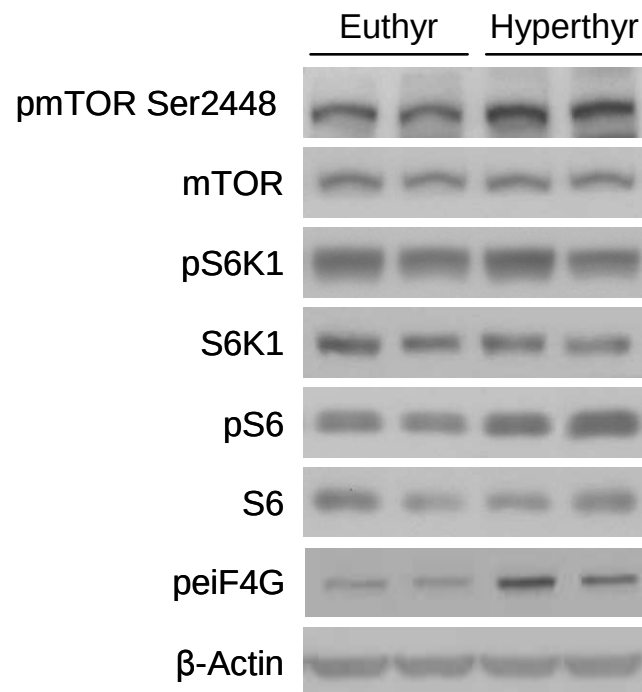
T3 in the ARC induces food intake



Varela L *et al* (2012). J Pathol 227:209-222

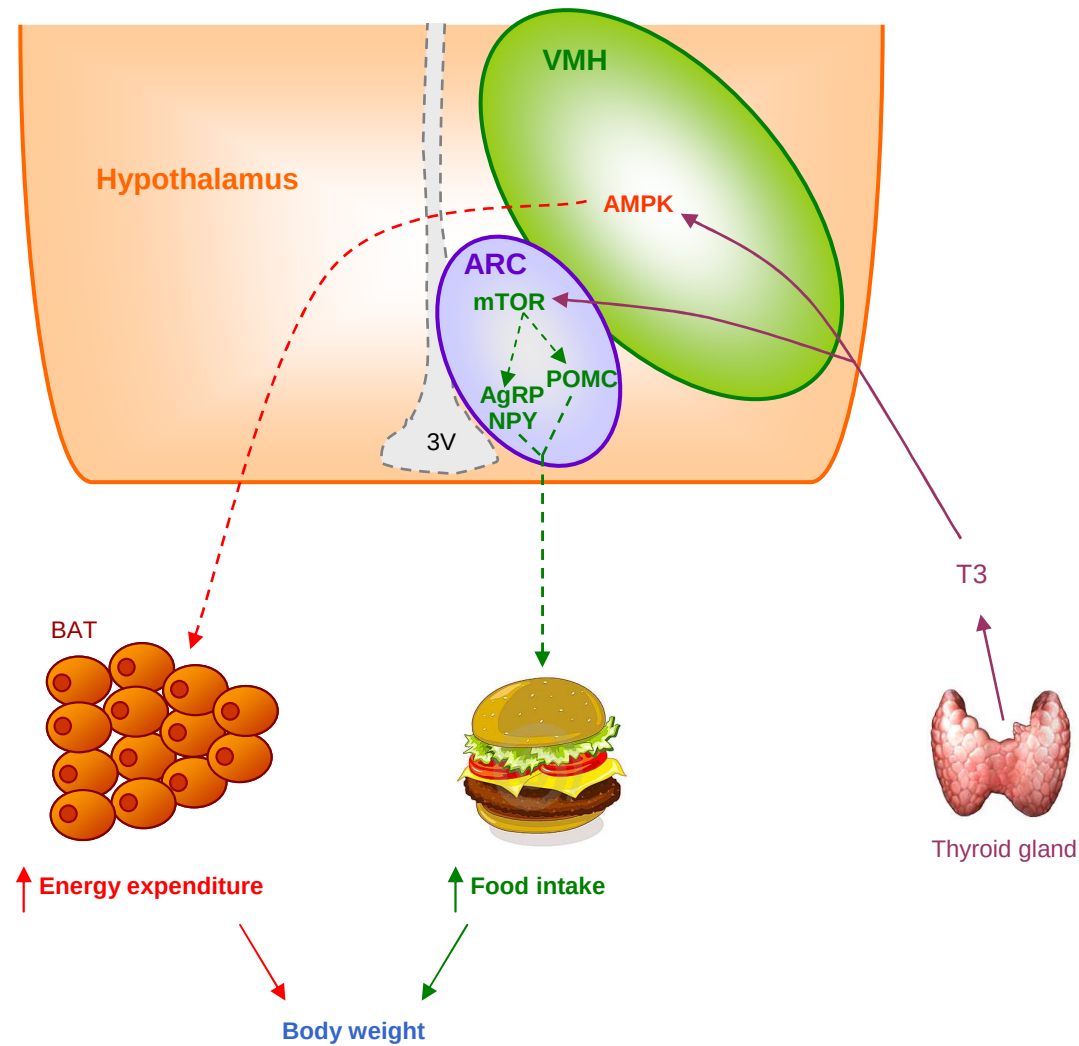
López M *et al* (2010). Nat Med 16: 1001-1008

T3 in the ARC induces mTOR signalling



Varela L *et al* (2012). J Pathol 227:209-222

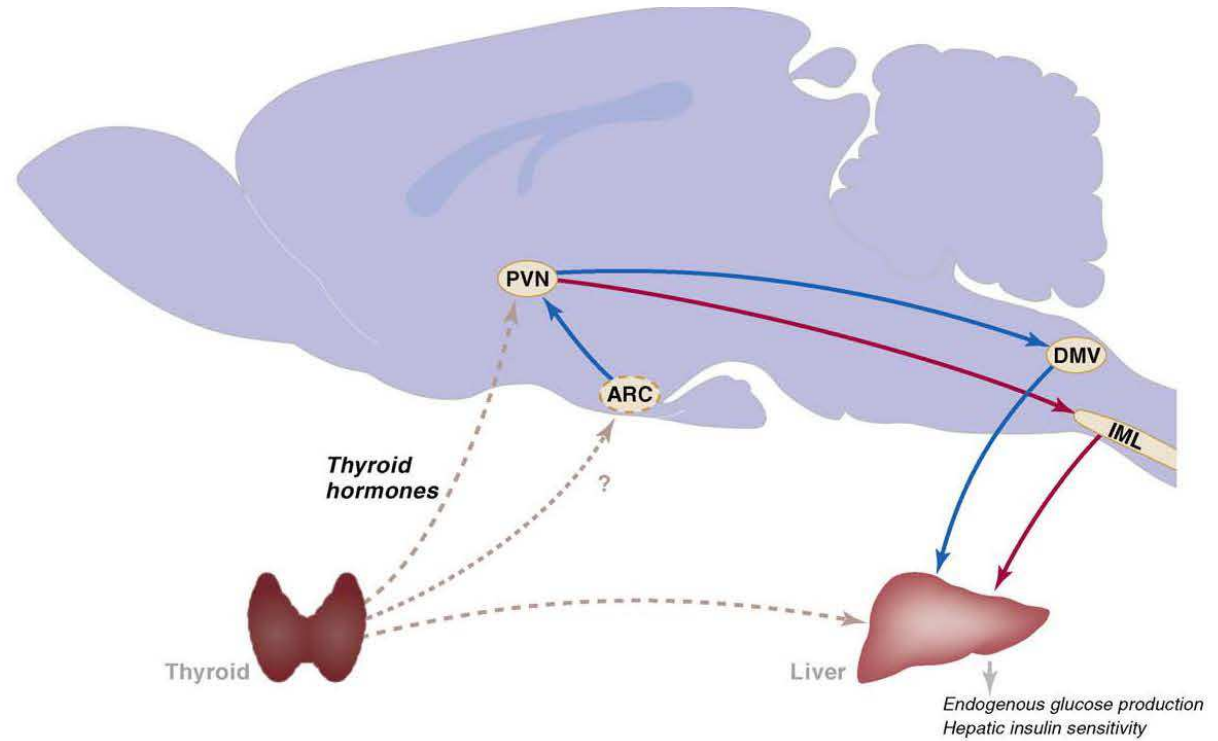
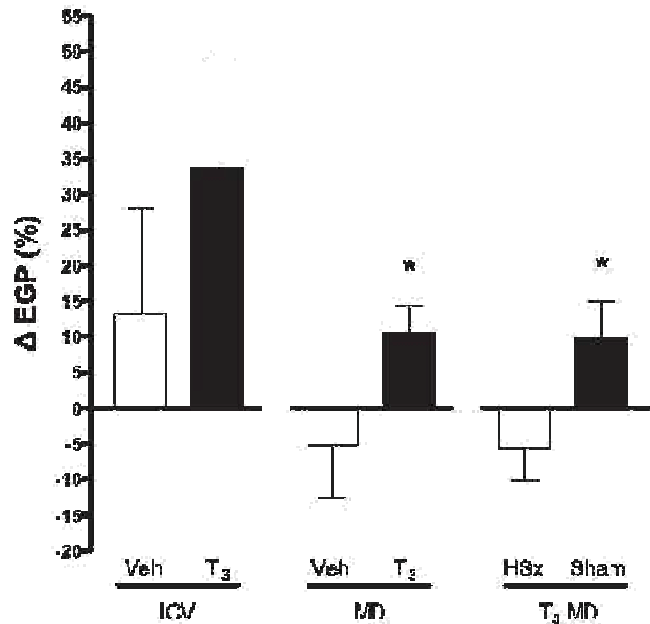
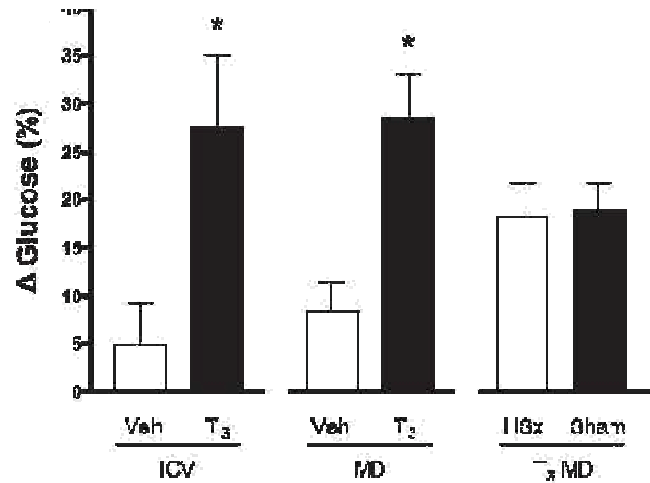
New central view of thyroid hormones actions on energy balance



Varela L *et al* (2012). J Pathol 227:209-222

Central thyroid hormones and glucose homeostasis

T3 in the PVH induces hepatic glucose production through SNS



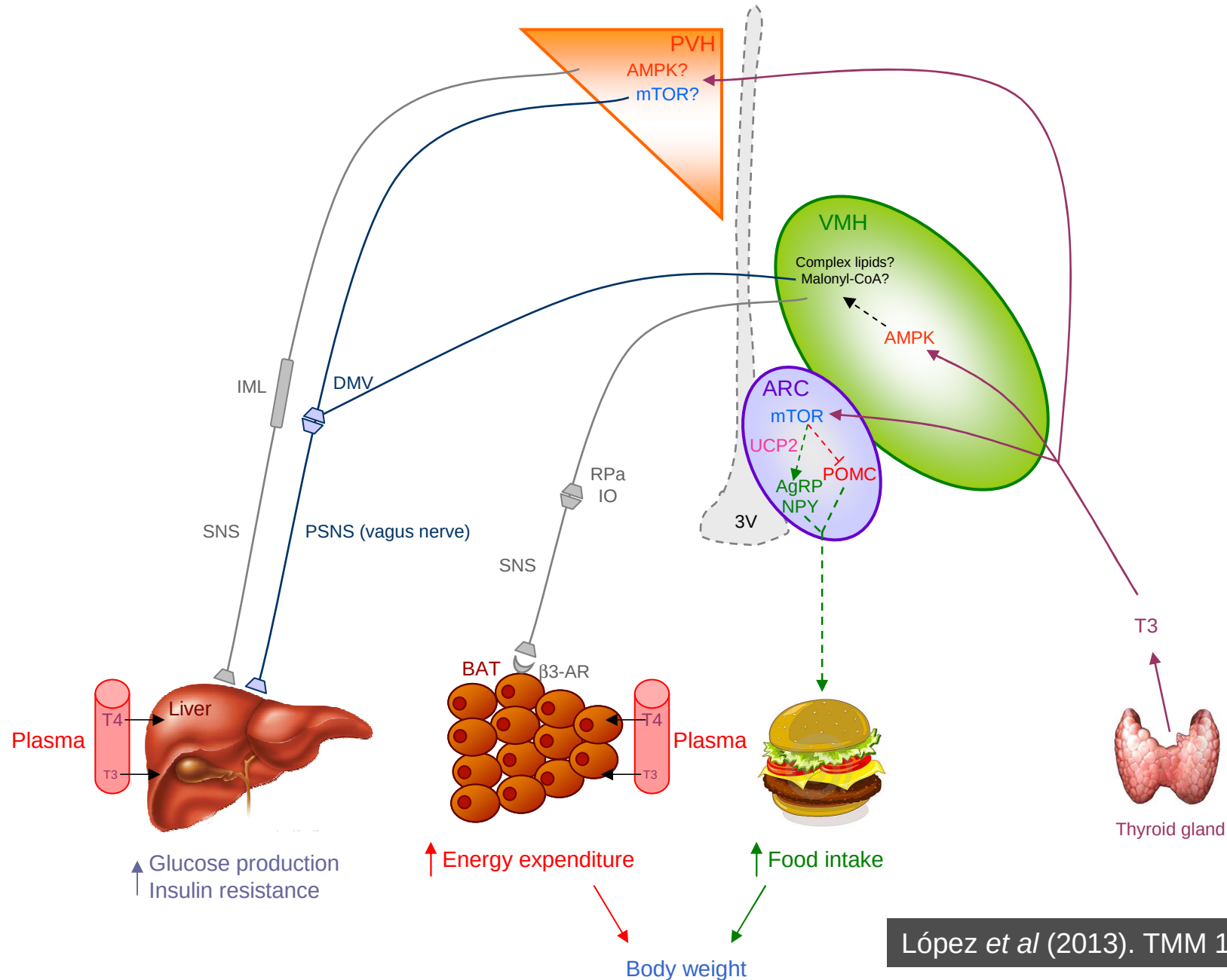
(effect independent of plasma T₃, insulin, glucagon and CORT)

Klieverik LP *et al* (2008). AJP-EM 295:E513-E520

Klieverik LP *et al* (2009). PNAS 106:5966-5971

Fliers E *et al* (2012). TEM 21:230-236

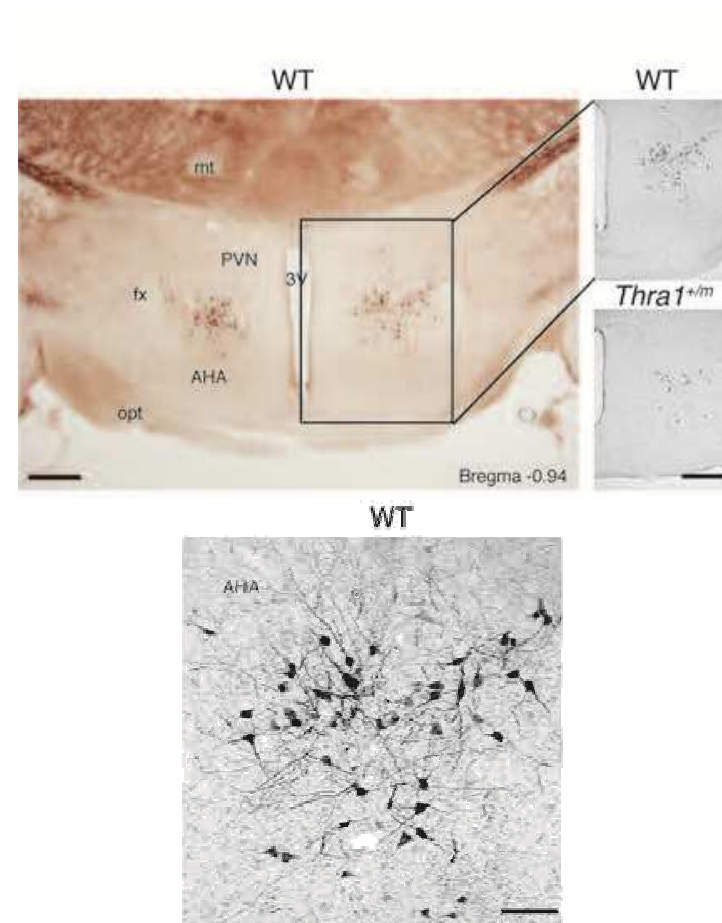
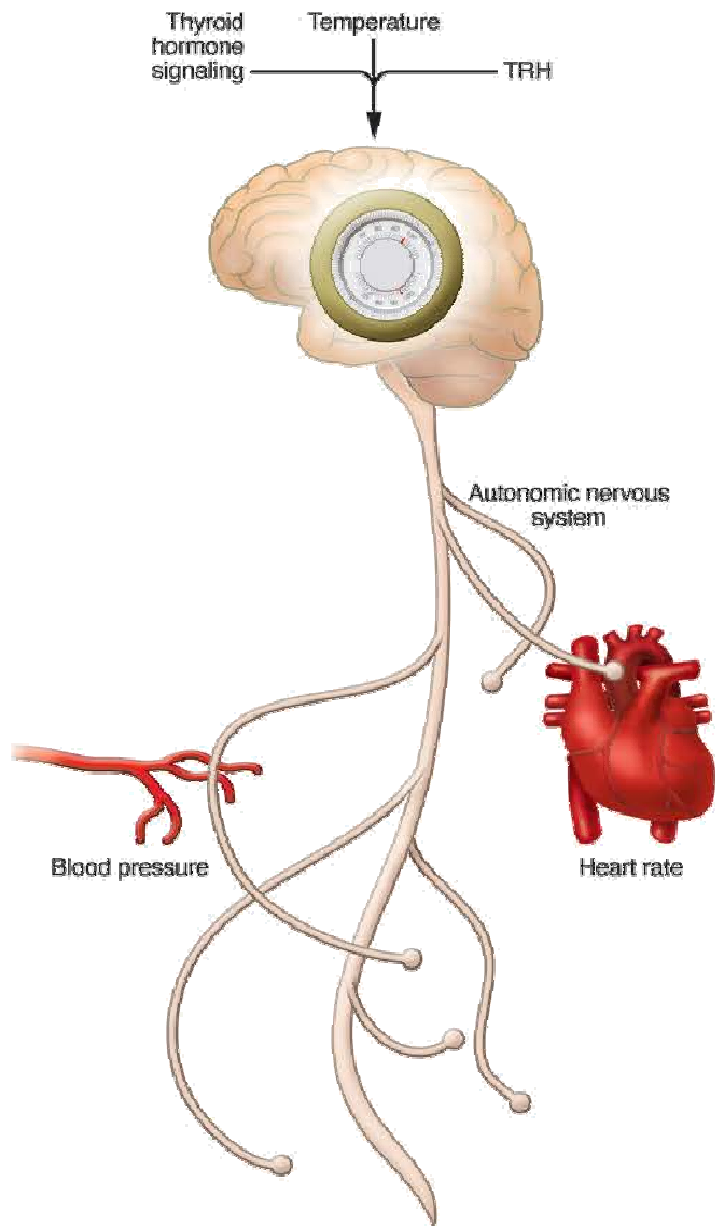
Energy balance regulation by thyroid hormones at central level



López *et al* (2013). TMM 19: 418-427

Central thyroid hormones and cardiovascular function

Central T3 modulates cardiovascular function



Mittag *et al* (2013). JCI 123: 509-516

Forrest & West (2013). JCI 123: 117-120

Summary

“Take home message”

Thyroid hormones act within the hypothalamus to modulate
energy balance, metabolism and cardiovascular function
through the autonomous nervous system

Funded by:



Consortiums:



Pablo Blanco
Noelia Martínez
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Rubén Nogueiras
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