

**Iodine Global Network (IGN)**  
**Satellite Meeting at the 15<sup>th</sup> International Thyroid Congress**  
**Orlando, Florida**  
**Sunday, October 18, 2015**

**8:50 am Welcome and Announcements**

Elizabeth N. Pearce, MD, MSc. Associate Professor Medicine, Boston University School of Medicine; IGN Deputy Regional Coordinator for the Americas

**9:00 – 9:40 am Global Perspective on IDD Efforts**

Roland Kupka, ScD. Senior Advisor, UNICEF; Member of IGN Board of Directors

**9:40 – 10:05 am UK Iodine Status**

Mark Vanderpump, MB, ChB, MD, FRCP. Consultant Physician and Honorary Senior Lecturer in Diabetes and Endocrinology, Royal Free Hampstead NHS Trust, London

**10:05 – 10:30 am Coffee Break**

**10:30 – 10:55 am The SIMPLIFY Study**

Theo San Luis, MD, MPA. Dean Emeritus, St Luke's College of Medicine- William H Quasha Memorial, Manila, Philippines; IGN National Coordinator for the Philippines

**10:55 – 11:20 am The MITCH Study**

Michael Zimmermann, MD, Msc. Professor, Head of the Human Nutrition Laboratory, Institute of Food, Nutrition and Health, Department of Health Sciences and Technology, ETH Zurich, Switzerland; Executive Director of IGN.

**11:20 am – 12:50 pm Working lunch with simultaneous interactive discussion sessions**

**Non-Salt Vectors for Iodine Fortification**

Chair: Michael Zimmermann, MD, Msc. Professor, Head of the Human Nutrition Laboratory, Institute of Food, Nutrition and Health, Department of Health Sciences and Technology, ETH Zurich, Switzerland; Executive Director of IGN.

**Challenges of Salt Iodization**

Chair: Eduardo Pretell, MD. IGN Regional Coordinator for the Americas; former Peruvian Minister of Health, Lima, Peru

**Side Effects of Increasing Population Iodine Levels**

Chairs: Weiping Teng, MD. Professor of Medicine; The Institute of Endocrine, The first Hospital of China Medical University, Shenyang, China and Elizabeth N. Pearce MD, MSc. Associate Professor Medicine, Boston University School of Medicine; IGN Deputy Regional Coordinator for the Americas

**1:00 – 1:30 pm Brief Presentations (10 minutes each) from Each Workshop Session**

**1:30 – 2:15 pm Debate: Should iodine supplementation be recommended for pregnant women in areas of mild iodine deficiency?**

Moderator: Lewis E. Braverman, MD, Professor of Medicine, Boston University School of Medicine  
Peter Laurberg, MD. Professor of Endocrinology and Internal Medicine, Aalborg Hospital, Aarhus University Hospital, Denmark  
John Lazarus, MD, FRCP, FRCOG. Emeritus Professor of Clinical Endocrinology and Honorary Consulting Physician at Cardiff School of Medicine, Cardiff, UK; IGN Regional Coordinator for West and Central Europe