

**American Thyroid Association Spring Symposium:**  
**Thyroid Disease in Older Adults: *Diagnosis, Management, and Clinical Impact***  
*Endorsed by the American Society of Geriatrics*  
**Friday, May 18, 2007**  
Hamilton Crowne Plaza, 14th and K Streets, NW, **Washington, DC**

8:00 – 8:10 am

Welcome and Introduction

**David S. Cooper, MD**

Sinai Hospital of Baltimore and

The Johns Hopkins University School of Medicine

President, The American Thyroid Association

**Jerome M. Hershman, MD**

UCLA School of Medicine

Program Co-Chairperson

8:10 – 8:40 am

Potential Joint Influences of Frailty, Comorbidities, and Thyroid Disease on Outcomes in the Geriatric Patient

**Linda P. Fried, MD, MPH**, The Johns Hopkins University School of Medicine

Program Co-chairperson

8:40 – 9:10 am

Alterations in the Regulation of Thyroid Function and Action with Aging

**P. Reed Larsen, MD**, Harvard Medical School

9:10 – 9:30 am

Epidemiology of Thyroid Disease in the Elderly

**Douglas C. Bauer, MD**, University of California at San Francisco School of Medicine

9:30 – 9:50 am

Forum: Questions and answers

**Moderator: Jerome M. Hershman**

**Panel: Linda P. Fried, P. Reed Larsen, Douglas C. Bauer**

9:50 – 10:10 am

Refreshment break

10:10 – 10:40 am

Alteration of Immune Function and its Effect on Autoimmune Thyroid Disease in the Elderly

**Terry F. Davies, MD**, Mount Sinai School of Medicine

10:40-11:10 am

Hyperthyroidism and Subclinical Hyperthyroidism in the Elderly:

Frequency, clinical manifestations, diagnosis, therapy

**Douglas Ross, MD**, Harvard Medical School

11:10-12:00 noon

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Frequency, clinical manifestations, diagnosis, therapy

**David S. Cooper, MD**

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Noon – 12:30 pm  
Luncheon Break

12:30 – 1:30 pm  
Luncheon Keynote Speaker  
**Christine K. Cassel, MD**  
President and Chief Executive Officer, American Board of Internal Medicine Foundation

1:30 – 2:00 pm  
Impact of Subclinical Thyroid Dysfunction on the Cardiovascular System  
**Anne Cappola, MD, ScM**, University of Pennsylvania School of Medicine

2:00 – 2:30 pm  
Impact of Thyroid Dysfunction on Brain Function in the Elderly  
**John E. Morley, MD, Saint Louis University Medical Center**

2:30 – 2:50 pm  
Screening for thyroid dysfunction  
**Paul W. Ladenson, MD**, The Johns Hopkins University School of Medicine

2:50 – 3:30 pm  
Panel discussion: Management of Thyroid Dysfunction  
**Moderator: Leonard Wartofsky**  
**Panel: Terry F. Davies, Douglas Ross, David S. Cooper, Anne Cappola, John Morley, Paul W. Ladenson**

3:30 – 3:50 pm                      Refreshment break

3:50 – 4:20 pm  
Managing the Epidemic of Incidental Thyroid Nodules in the Elderly  
**Erik K. Alexander, MD**, Harvard Medical School

4:20 – 4:50 pm  
Differentiated Thyroid Cancer in the Elderly  
Frequency, clinical manifestations, diagnosis, therapy  
**Leonard Wartofsky, MD, MPH**, Georgetown University School of Medicine

4:50 – 5:10 pm  
Panel discussion with case presentations  
**Moderator: Paul W. Ladenson**  
**Panel: Erik K. Alexander, Leonard Wartofsky**

5:10 – 5:30 pm  
Summary of Conference with emphasis on areas for further research  
**Jerome M. Hershman, Linda P. Fried**

5:30 pm                              Conference ends