



**1<sup>st</sup> Annual American Thyroid Association® Advanced Practice Provider (APP) Satellite Symposium:  
Highlighting a Team Approach for the Care of Patients with Thyroid Disease  
Saturday, October 6, 2018, 1:00 PM – 6:00 PM**

(Symposium complimentary to registered ATA meeting attendees with advance sign up; fee applicable to non-registered ATA meeting attendees)

<b>Time</b>	<b>Presentation Titles</b>	<b>Presenters</b>	<b>Theme</b>
1:00 PM – 1:05 PM	<b>Welcome Remarks</b>	Victor J. Bernet	
1:05 PM – 1:15 PM	<b>Introduction</b>	Michele Merten & Trina Sheedy	
<i>1:15 PM – 3:00 PM</i>	<i>Moderator: Michele Merten</i>		
1:15 PM – 2:00 PM	<b>Evaluation and Management of Hypothyroidism</b> <ul style="list-style-type: none"> <li>• Review interpretation of thyroid function tests in the context of possible hypothyroid symptoms</li> <li>• Discuss management of hypothyroidism through case-based approach. (i.e. Hashimoto’s thyroiditis)</li> <li>• Review indications for thyroid hormone replacement in subclinical hypothyroidism</li> <li>• Discuss candidates for combination therapy T4 plus T3 therapy</li> <li>• Review alternative thyroid hormone therapies used in practice: benefits and limitations</li> <li>• Review pregnancy related considerations for patients on thyroid hormone replacement</li> </ul>	Jacqueline Jonklaas	Recognition and work up for hypothyroidism  When to consider referral to endocrinology
2:00 PM – 2:45 PM	<b>Diagnosis and Management of Hyperthyroidism</b> <ul style="list-style-type: none"> <li>• Review approaches for diagnosis and management of Graves’ Disease</li> <li>• Review approaches to patients with hot nodule(s)</li> <li>• Review cases of thyroiditis and management</li> </ul>	Douglas S. Ross	Recognition and work up for hyperthyroidism  When to consider referral to endocrinology
2:45 PM – 3:00 PM	<b>Panel Discussion/Questions and Answers</b>	Jacqueline Jonklaas & Douglas S. Ross	
3:00 PM – 3:15 PM	<b>Break</b>		

3:15 PM – 5:15 PM	<b>Moderator: Trina Sheedy</b>		
3:15 PM – 4:00 PM	<b>Approaches for Thyroid Nodules</b> <ul style="list-style-type: none"> <li>• Discuss best imaging modality for &amp; characteristics of benign and malignant thyroid nodules</li> <li>• Review criteria for US-guided FNA</li> <li>• Review Bethesda classification of thyroid nodule cytology results and follow up recommendations</li> <li>• Recommendations for thyroid nodule surveillance</li> </ul>	Mabel Ryder & Michele Merten	Evaluation and Management of Incidentalomas
4:00 PM – 4:30 PM	<b>Diagnosing Thyroid Cancer and Considerations in Pre- and Post-Surgical Management</b> <ul style="list-style-type: none"> <li>• Understanding new AJCC 8<sup>th</sup> Edition staging</li> <li>• Evaluation of the neck after diagnosis and the role of sonography for lymph node mapping</li> <li>• Identification of candidates for lobectomy versus near total thyroidectomy</li> <li>• Role of prophylactic vs therapeutic nodal dissections</li> <li>• Role of radioactive iodine</li> <li>• Management of postoperative complications</li> </ul>	David J. Terris	Specialty Care: Staging, Surgery, and RAI  Multidisciplinary Care
4:30 PM – 5:00 PM	<b>Thyroid Cancer Surveillance</b> <ul style="list-style-type: none"> <li>• Establishing goals of thyroid hormone replacement</li> <li>• Monitoring for recurrence, when, how long, when to stop?</li> <li>• Transition back to PCP</li> </ul>	Rebecca S. Zeuren	Post-Treatment Goals  Management of Side Effects  Multidisciplinary Care
5:00 PM – 5:15 PM	<b>Panel Discussion/Questions and Answers</b>	Mabel Ryder, Michele Merten, David J. Terris & Rebecca S. Zeuren	
5:15 PM – 6:00 PM	<b>APP Satellite Attendee/Faculty Networking Reception</b>		