



FREE WEBINARS:

**JUNE 12, 2025 @ 12:00PM EDT
(OPEN TO ALL MEMBERS)**

**JULY 24, 2025 @ 11:00AM EDT
(OPEN TO ALL MEMBERS,
SPONSORED BY WIT)**

**SPECIAL PRE-MEETING
LEADERSHIP DAY IN
SCOTTSDALE! REGISTER
NOW!**

ATA PRESENTS: WORKSHOP SERIES WITH LEADERSHIP COACH CHRISTY FOLDENAUER

JUNE 12, 2025

LEADING THROUGH STRESS: NAVIGATING ADVERSITY AND MAINTAINING DIRECTION AMIDST CHALLENGES

In systems strained by financial stress, increasing patient demands, and unrelenting change, leaders may experience loss of autonomy, lack of purpose and compromised ability to lead. This workshop helps you reconnect with your personal leadership approach — beyond titles or hierarchy — and equips you to lead with more clarity, even when control feels scarce.

- Learn how to refocus effectively in your current work
- Identify your personal energy parameters and understand how this impacts daily decisions. Learn immediate, practical strategies to support improved outcomes.
- Understand high-performance patterns and optimize behavior to enhance mission accomplishment.

JULY 24, 2025

POWER & PRESENCE: REDEFINING INFLUENCE AS A WOMAN IN MEDICINE

This session tackles the double bind many women in medicine face: being expected to show warmth while commanding authority. Become equipped to navigate this terrain confidently while reclaiming your voice, presence, and energy for leadership.

- Understand four scopes that help leaders with clarity, conviction, and compassion.
- Explore the tension between connection and command; learn how to lead with both.
- Evaluate your boundary-setting patterns and apply practical tools to protect energy and focus.
- Use journaling as a strategic professional development tool to enhance clarity, performance, and resilience.

SEPT 10, 2025

THE ART & SCIENCE OF LEADING THROUGH PRESSURE: CONFLICT, CHANGE & CULTURE IN MODERN MEDICINE

Reflect, refocus, and reengage your leadership practices in the face of shrinking resources and rising expectations. Drawing from behavioral science, organizational psychology, and real-world healthcare dynamics, participants will explore how to lead through complex, shifting terrain without losing their edge — or themselves. Learn more [here](#).