

One Month Is Sufficient for Urinary Iodine to Return to its Baseline Value after the Use of Water-Soluble Iodinated Contrast Agents in Patients Who Have Undergone Thyroidectomy

many “authorities” recommend waiting 2 or even 3 months (1). The current data show that 1 month is sufficient to excrete the iodine load and, by inference, to perform radioiodine studies. In addition, the data

show that iodine measurement in spot urine samples correlates tightly with 24-hour urine iodine.

— Jerome M. Hershman, MD

Reference

1. Van der Molen AJ, Thomsen HS, Morcos SK. Contrast Media Safety Committee, European Society of Urogenital Radiology (ESUR). Effects of iodinated contrast media on thyroid function in adults. *Eur Radiol* 2004;14:902-9. Epub February 28, 2004.



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